

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 1 Masc., 1500m Livres 13 - 14 anos  
18/05/2019 - 9:30 Resultados

Pontos: FINA 2018

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
<b>Infantil B</b>							
1.	<b>BINYAS, Eduardo</b>	13	Rio Maior	<b>18:52.96</b>		419	
	100m: 1:11.40 1:11.40		500m: 6:17.11 1:17.52	900m: 11:24.52 1:16.92	1300m: 16:29.29 1:14.52		
	200m: 2:26.27 1:14.87		600m: 7:34.53 1:17.42	1000m: 12:42.25 1:17.73	1400m: 17:43.34 1:14.05		
	300m: 3:42.51 1:16.24		700m: 8:51.17 1:16.64	1100m: 13:59.39 1:17.14	1500m: 18:52.96 1:09.62		
	400m: 4:59.59 1:17.08		800m: 10:07.60 1:16.43	1200m: 15:14.77 1:15.38			
2.	<b>BISPO, Daniel Silva</b>	13	Nautico Abrantes	<b>20:24.22</b>		332	
	100m: 1:16.74 1:16.74		500m: 6:45.64 1:22.01	900m: 12:16.86 1:22.17	1300m: 17:46.41 1:22.86		
	200m: 2:37.50 1:20.76		600m: 8:08.64 1:23.00	1000m: 13:38.77 1:21.91	1400m: 19:07.75 1:21.34		
	300m: 4:00.60 1:23.10		700m: 9:32.11 1:23.47	1100m: 15:01.41 1:22.64	1500m: 20:24.22 1:16.47		
	400m: 5:23.63 1:23.03		800m: 10:54.69 1:22.58	1200m: 16:23.55 1:22.14			
3.	<b>SOKOLOVSKYY, Vitor</b>	13	Nautico Abrantes	<b>20:41.48</b>		318	
	100m: 1:16.60 1:16.60		500m: 6:49.74 1:23.72	900m: 12:24.79 1:23.57	1300m: 17:58.78 1:23.77		
	200m: 2:39.43 1:22.83		600m: 8:12.95 1:23.21	1000m: 13:48.42 1:23.63	1400m: 19:21.15 1:22.37		
	300m: 4:02.77 1:23.34		700m: 9:36.87 1:23.92	1100m: 15:11.93 1:23.51	1500m: 20:41.48 1:20.33		
	400m: 5:26.02 1:23.25		800m: 11:01.22 1:24.35	1200m: 16:35.01 1:23.08			
4.	<b>AZEVEDO, Rafael Sousa</b>	13	Cartaxo	<b>20:43.29</b>		317	
	100m: 1:18.53 1:18.53		500m: 6:50.70 1:23.94	900m: 12:24.57 1:23.26	1300m: 17:59.54 1:24.12		
	200m: 2:41.07 1:22.54		600m: 8:13.96 1:23.26	1000m: 13:48.18 1:23.61	1400m: 19:24.39 1:24.85		
	300m: 4:04.16 1:23.09		700m: 9:37.53 1:23.57	1100m: 15:12.58 1:24.40	1500m: 20:43.29 1:18.90		
	400m: 5:26.76 1:22.60		800m: 11:01.31 1:23.78	1200m: 16:35.42 1:22.84			
5.	<b>RIBEIRO, Francisco Martins</b>	13	CCDSerta	<b>20:47.09</b>		314	
	100m: 1:22.41 1:22.41		500m: 7:01.45 1:25.44	900m: 12:42.68 1:24.46	1300m: 18:11.41 1:21.47		
	200m: 2:46.92 1:24.51		600m: 8:28.11 1:26.66	1000m: 14:05.50 1:22.82	1400m: 19:31.94 1:20.53		
	300m: 4:11.11 1:24.19		700m: 9:53.74 1:25.63	1100m: 15:27.50 1:22.00	1500m: 20:47.09 1:15.15		
	400m: 5:36.01 1:24.90		800m: 11:18.22 1:24.48	1200m: 16:49.94 1:22.44			
6.	<b>FERREIRA, Goncalo Filipe</b>	13	Assoc.20km-Almeirim	<b>20:58.24</b>		306	
	100m: 1:24.14 1:24.14		500m: 7:10.87 1:27.06	900m: 12:48.25 1:22.79	1300m: 18:21.01 1:23.83		
	200m: 2:52.64 1:28.50		600m: 8:36.61 1:25.74	1000m: 14:10.00 1:21.75	1400m: 19:41.47 1:20.46		
	300m: 4:18.54 1:25.90		700m: 10:01.76 1:25.15	1100m: 15:32.85 1:22.85	1500m: 20:58.24 1:16.77		
	400m: 5:43.81 1:25.27		800m: 11:25.46 1:23.70	1200m: 16:57.18 1:24.33			
7.	<b>BATALHA, Andre Ferreira</b>	13	Viver Santarém	<b>20:59.94</b>		304	
	100m: 1:17.62 1:17.62		500m: 6:51.21 1:23.28	900m: 12:25.31 1:22.34	1300m: 18:05.69 1:26.33		
	200m: 2:40.87 1:23.25		600m: 8:14.59 1:23.38	1000m: 13:49.98 1:24.67	1400m: 19:33.72 1:28.03		
	300m: 4:04.70 1:23.83		700m: 9:38.35 1:23.76	1100m: 15:14.43 1:24.45	1500m: 20:59.94 1:26.22		
	400m: 5:27.93 1:23.23		800m: 11:02.97 1:24.62	1200m: 16:39.36 1:24.93			
8.	<b>EVARISTO, Bernardo Miguel</b>	13	Gualdim Pais	<b>21:09.72</b>		297	
	100m: 1:22.77 1:22.77		500m: 7:05.03 1:24.91	900m: 12:45.75 1:25.42	1300m: 18:23.52 1:23.87		
	200m: 2:48.94 1:26.17		600m: 8:30.26 1:25.23	1000m: 14:10.35 1:24.60	1400m: 19:47.52 1:24.00		
	300m: 4:14.18 1:25.24		700m: 9:54.79 1:24.53	1100m: 15:34.56 1:24.21	1500m: 21:09.72 1:22.20		
	400m: 5:40.12 1:25.94		800m: 11:20.33 1:25.54	1200m: 16:59.65 1:25.09			
9.	<b>AMARAL, Lucas Oliveira</b>	13	Clube Natacao Fundao	<b>21:25.38</b>		287	
	100m: 1:20.38 1:20.38		500m: 7:07.98 1:27.09	900m: 12:52.20 1:25.15	1300m: 18:36.99 1:27.68		
	200m: 2:46.28 1:25.90		600m: 8:35.23 1:27.25	1000m: 14:17.43 1:25.23	1400m: 20:03.48 1:26.49		
	300m: 4:12.63 1:26.35		700m: 10:00.79 1:25.56	1100m: 15:43.53 1:26.10	1500m: 21:25.38 1:21.90		
	400m: 5:40.89 1:28.26		800m: 11:27.05 1:26.26	1200m: 17:09.31 1:25.78			
10.	<b>TRINCAO, Tiago Miguel</b>	13	Torres Novas	<b>21:56.51</b>		267	
	100m: 1:24.33 1:24.33		500m: 7:26.82 1:31.51	900m: 13:24.20 1:28.10	1300m: 19:15.61 1:26.26		
	200m: 2:52.61 1:28.28		600m: 8:55.37 1:28.55	1000m: 14:52.86 1:28.66	1400m: 20:39.73 1:24.12		
	300m: 4:24.36 1:31.75		700m: 10:26.02 1:30.65	1100m: 16:22.26 1:29.40	1500m: 21:56.51 1:16.78		
	400m: 5:55.31 1:30.95		800m: 11:56.10 1:30.08	1200m: 17:49.35 1:27.09			
11.	<b>PINHO, Afonso Formigo</b>	13	Torres Novas	<b>21:57.48</b>		266	
	100m: 1:22.99 1:22.99		500m: 7:13.91 1:28.49	900m: 13:09.62 1:28.87	1300m: 19:05.74 1:30.24		
	200m: 2:49.41 1:26.42		600m: 8:42.18 1:28.27	1000m: 14:38.60 1:28.98	1400m: 20:34.47 1:28.73		
	300m: 4:16.99 1:27.58		700m: 10:11.18 1:29.00	1100m: 16:08.05 1:29.45	1500m: 21:57.48 1:23.01		
	400m: 5:45.42 1:28.43		800m: 11:40.75 1:29.57	1200m: 17:35.50 1:27.45			

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 1, Masc., 1500m Livres, Infantil B

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
12.	GOMES, Rafael Rodrigues	13	CLAC-Entroncamento	<b>21:59.18</b>		265	
	100m: 1:23.93 1:23.93		500m: 7:19.69 1:26.74	900m: 13:16.95 1:28.72	1300m: 19:03.50 1:29.96		
	200m: 2:52.60 1:28.67		600m: 8:50.23 1:30.54	1000m: 14:43.82 1:26.87	1400m: 20:31.14 1:27.64		
	300m: 4:21.37 1:28.77		700m: 10:20.24 1:30.01	1100m: 16:11.23 1:27.41	1500m: 21:59.18 1:28.04		
	400m: 5:52.95 1:31.58		800m: 11:48.23 1:27.99	1200m: 17:33.54 1:22.31			
13.	CALDEIRINHA, Joao Canhoto	13	Elvense	<b>22:51.22</b>		236	
	100m: 1:25.92 1:25.92		500m: 7:29.88 1:30.01	900m: 13:36.28 1:33.06	1300m: 19:49.14 1:32.51		
	200m: 2:56.45 1:30.53		600m: 8:59.78 1:29.90	1000m: 15:10.17 1:33.89	1400m: 21:21.77 1:32.63		
	300m: 4:27.98 1:31.53		700m: 10:31.29 1:31.51	1100m: 16:43.50 1:33.33	1500m: 22:51.22 1:29.45		
	400m: 5:59.87 1:31.89		800m: 12:03.22 1:31.93	1200m: 18:16.63 1:33.13			
14.	SILVA, Lorenzo Muniz	13	BUZIOS - Coruche	<b>23:10.00</b>		227	
	100m: 1:27.80 1:27.80		500m: 7:39.54 1:32.83	900m: 13:50.84 1:32.92	1300m: 20:05.65 1:32.71		
	200m: 3:00.04 1:32.24		600m: 9:12.50 1:32.96	1000m: 15:25.29 1:34.45	1400m: 21:39.58 1:33.93		
	300m: 4:32.55 1:32.51		700m: 10:44.90 1:32.40	1100m: 16:59.28 1:33.99	1500m: 23:10.00 1:30.42		
	400m: 6:06.71 1:34.16		800m: 12:17.92 1:33.02	1200m: 18:32.94 1:33.66			
15.	TEMUDO, Jose Maria	13	Rio Maior	<b>23:13.13</b>		225	
	100m: 1:29.29 1:29.29		500m: 7:45.30 1:34.63	900m: 14:05.72 1:31.50	1300m: 20:17.97 1:33.04		
	200m: 3:01.34 1:32.05		600m: 9:22.57 1:37.27	1000m: 15:38.37 1:32.65	1400m: 21:48.60 1:30.63		
	300m: 4:35.50 1:34.16		700m: 10:58.09 1:35.52	1100m: 17:10.33 1:31.96	1500m: 23:13.13 1:24.53		
	400m: 6:10.67 1:35.17		800m: 12:34.22 1:36.13	1200m: 18:44.93 1:34.60			
16.	PITA, Andre Coelho	13	Nautico Abrantes	<b>24:12.11</b>		199	
	100m: 1:29.03 1:29.03		500m: 7:47.31 1:35.78	900m: 14:20.74 1:39.96	1300m: 21:01.75 1:38.49		
	200m: 3:01.22 1:32.19		600m: 9:23.41 1:36.10	1000m: 16:01.25 1:40.51	1400m: 22:38.72 1:36.97		
	300m: 4:36.54 1:35.32		700m: 11:01.26 1:37.85	1100m: 17:41.94 1:40.69	1500m: 24:12.11 1:33.39		
	400m: 6:11.53 1:34.99		800m: 12:40.78 1:39.52	1200m: 19:23.26 1:41.32			
17.	BARATA, Henrique Duarte	13	Clube Natacao Fundao	<b>24:14.92</b>		198	
	100m: 1:26.61 1:26.61		500m: 7:52.50 1:38.49	900m: 14:30.39 1:39.79	1300m: 21:06.71 1:35.41		
	200m: 2:59.22 1:32.61		600m: 9:31.27 1:38.77	1000m: 16:11.53 1:41.14	1400m: 22:43.31 1:36.60		
	300m: 4:36.36 1:37.14		700m: 11:10.73 1:39.46	1100m: 17:51.08 1:39.55	1500m: 24:14.92 1:31.61		
	400m: 6:14.01 1:37.65		800m: 12:50.60 1:39.87	1200m: 19:31.30 1:40.22			
18.	PINTO, Fabio Jose	13	CCDSerta	<b>25:17.73</b>		174	
	100m: 1:31.62 1:31.62		500m: 8:08.85 1:41.58	900m: 15:01.40 1:44.27	1300m: 21:54.27 1:40.21		
	200m: 3:06.77 1:35.15		600m: 9:51.13 1:42.28	1000m: 16:46.05 1:44.65	1400m: 23:32.35 1:38.08		
	300m: 4:46.37 1:39.60		700m: 11:32.68 1:41.55	1100m: 18:30.22 1:44.17	1500m: 25:17.73 1:45.38		
	400m: 6:27.27 1:40.90		800m: 13:17.13 1:44.45	1200m: 20:14.06 1:43.84			
19.	GILSA, Filipe Borrega	13	Sporting Campomaiorense	<b>25:30.43</b>		170	
	100m: 1:31.48 1:31.48		500m: 8:22.16 1:44.19	900m: 15:17.11 1:44.35	1300m: 22:12.50 1:41.68		
	200m: 3:12.20 1:40.72		600m: 10:05.12 1:42.96	1000m: 17:00.85 1:43.74	1400m: 23:54.64 1:42.14		
	300m: 4:54.50 1:42.30		700m: 11:48.16 1:43.04	1100m: 18:45.77 1:44.92	1500m: 25:30.43 1:35.79		
	400m: 6:37.97 1:43.47		800m: 13:32.76 1:44.60	1200m: 20:30.82 1:45.05			

Infantil A

1.	NUNES, Carlos Daniel	14	Salvaterra de Magos	<b>18:08.53</b>		472	
	100m: 1:09.73 1:09.73		500m: 6:01.03 1:13.89	900m: 10:53.24 1:12.70	1300m: 15:45.71 1:13.70		
	200m: 2:21.91 1:12.18		600m: 7:13.93 1:12.90	1000m: 12:05.90 1:12.66	1400m: 16:59.21 1:13.50		
	300m: 3:33.79 1:11.88		700m: 8:27.40 1:13.47	1100m: 13:18.53 1:12.63	1500m: 18:08.53 1:09.32		
	400m: 4:47.14 1:13.35		800m: 9:40.54 1:13.14	1200m: 14:32.01 1:13.48			
2.	CABRAL, Jose Pinto	14	Viver Santarém	<b>18:27.82</b>		448	
	100m: 1:08.98 1:08.98		500m: 6:04.54 1:14.35	900m: 11:05.06 1:14.82	1300m: 16:03.50 1:13.25		
	200m: 2:21.55 1:12.57		600m: 7:19.82 1:15.28	1000m: 12:19.49 1:14.43	1400m: 17:17.77 1:14.27		
	300m: 3:35.52 1:13.97		700m: 8:35.36 1:15.54	1100m: 13:34.15 1:14.66	1500m: 18:27.82 1:10.05		
	400m: 4:50.19 1:14.67		800m: 9:50.24 1:14.88	1200m: 14:50.25 1:16.10			
3.	ALEKSYEYEV, Artur Paulo	14	Viver Santarém	<b>18:52.23</b>		420	
	100m: 1:10.01 1:10.01		500m: 6:12.84 1:16.44	900m: 11:20.78 1:16.90	1300m: 16:28.66 1:16.07		
	200m: 2:24.14 1:14.13		600m: 7:30.07 1:17.23	1000m: 12:38.43 1:17.65	1400m: 17:43.40 1:14.74		
	300m: 3:40.09 1:15.95		700m: 8:46.82 1:16.75	1100m: 13:55.96 1:17.53	1500m: 18:52.23 1:08.83		
	400m: 4:56.40 1:16.31		800m: 10:03.88 1:17.06	1200m: 15:12.59 1:16.63			

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 1, Masc., 1500m Livres, Infantil A

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
4.	GABOLEIRO, Ricardo Filipe	14	Rio Maior	<b>19:22.50</b>		<b>388</b>	
	100m: 1:12.97 1:12.97		500m: 6:24.18 1:18.67	900m: 11:38.90 1:18.94	1300m: 16:50.03 1:17.40		
	200m: 2:29.66 1:16.69		600m: 7:42.84 1:18.66	1000m: 12:56.71 1:17.81	1400m: 18:06.86 1:16.83		
	300m: 3:47.56 1:17.90		700m: 9:01.21 1:18.37	1100m: 14:14.22 1:17.51	1500m: 19:22.50 1:15.64		
	400m: 5:05.51 1:17.95		800m: 10:19.96 1:18.75	1200m: 15:32.63 1:18.41			
5.	GABOLEIRO, Guilherme Filipe	14	Rio Maior	<b>19:29.20</b>		<b>381</b>	
	100m: 1:11.51 1:11.51		500m: 6:24.05 1:19.24	900m: 11:42.22 1:19.82	1300m: 16:55.05 1:18.30		
	200m: 2:28.32 1:16.81		600m: 7:43.13 1:19.08	1000m: 13:00.96 1:18.74	1400m: 18:12.69 1:17.64		
	300m: 3:46.57 1:18.25		700m: 9:02.71 1:19.58	1100m: 14:18.14 1:17.18	1500m: 19:29.20 1:16.51		
	400m: 5:04.81 1:18.24		800m: 10:22.40 1:19.69	1200m: 15:36.75 1:18.61			
6.	LOPES, Andre Prates	14	Eléctrico	<b>19:45.94</b>		<b>365</b>	
	100m: 1:11.36 1:11.36		500m: 6:23.89 1:19.59	900m: 11:42.56 1:19.40	1300m: 17:07.22 1:21.72		
	200m: 2:26.76 1:15.40		600m: 7:42.69 1:18.80	1000m: 13:02.53 1:19.97	1400m: 18:28.20 1:20.98		
	300m: 3:44.60 1:17.84		700m: 9:04.43 1:21.74	1100m: 14:24.25 1:21.72	1500m: 19:45.94 1:17.74		
	400m: 5:04.30 1:19.70		800m: 10:23.16 1:18.73	1200m: 15:45.50 1:21.25			
7.	FERREIRA, Miguel Marques	14	Viver Santarém	<b>19:47.95</b>		<b>363</b>	
	100m: 1:12.80 1:12.80		500m: 6:26.80 1:19.48	900m: 11:47.08 1:20.71	1300m: 17:09.39 1:20.14		
	200m: 2:30.05 1:17.25		600m: 7:46.51 1:19.71	1000m: 13:07.70 1:20.62	1400m: 18:28.86 1:19.47		
	300m: 3:48.37 1:18.32		700m: 9:06.64 1:20.13	1100m: 14:28.16 1:20.46	1500m: 19:47.95 1:19.09		
	400m: 5:07.32 1:18.95		800m: 10:26.37 1:19.73	1200m: 15:49.25 1:21.09			
8.	ROSA, Simao Dinis	14	Torres Novas	<b>20:12.49</b>		<b>342</b>	
	100m: 1:17.79 1:17.79		500m: 6:36.96 1:20.61	900m: 12:02.48 1:21.30	1300m: 17:31.71 1:22.28		
	200m: 2:36.43 1:18.64		600m: 7:57.87 1:20.91	1000m: 13:24.94 1:22.46	1400m: 18:53.61 1:21.90		
	300m: 3:56.08 1:19.65		700m: 9:19.83 1:21.96	1100m: 14:47.17 1:22.23	1500m: 20:12.49 1:18.88		
	400m: 5:16.35 1:20.27		800m: 10:41.18 1:21.35	1200m: 16:09.43 1:22.26			
9.	GONCALVES, Diogo Antunes	14	Natacao Guarda	<b>20:23.77</b>		<b>332</b>	
	100m: 1:20.01 1:20.01		500m: 6:55.29 1:23.49	900m: 12:24.77 1:22.14	1300m: 17:50.91 1:19.66		
	200m: 2:43.81 1:23.80		600m: 8:18.46 1:23.17	1000m: 13:47.38 1:22.61	1400m: 19:10.17 1:19.26		
	300m: 4:07.48 1:23.67		700m: 9:41.42 1:22.96	1100m: 15:09.53 1:22.15	1500m: 20:23.77 1:13.60		
	400m: 5:31.80 1:24.32		800m: 11:02.63 1:21.21	1200m: 16:31.25 1:21.72			
10.	DIAS, Manuel Jose	14	Clube Natacao Fundao	<b>20:40.90</b>		<b>319</b>	
	100m: 1:16.39 1:16.39		500m: 6:48.24 1:23.75	900m: 12:23.71 1:23.34	1300m: 17:55.51 1:22.61		
	200m: 2:37.34 1:20.95		600m: 8:13.76 1:25.52	1000m: 13:48.49 1:24.78	1400m: 19:20.26 1:24.75		
	300m: 4:02.08 1:24.74		700m: 9:36.07 1:22.31	1100m: 15:09.74 1:21.25	1500m: 20:40.90 1:20.64		
	400m: 5:24.49 1:22.41		800m: 11:00.37 1:24.30	1200m: 16:32.90 1:23.16			
11.	CARRAPICO, Jose Silveirinha	14	Sporting Campomaiorense	<b>20:59.14</b>		<b>305</b>	
	100m: 1:16.60 1:16.60		500m: 7:02.97 1:26.64	900m: 12:47.53 1:25.44	1300m: 18:20.58 1:21.98		
	200m: 2:41.20 1:24.60		600m: 8:30.28 1:27.31	1000m: 14:10.27 1:22.74	1400m: 19:40.86 1:20.28		
	300m: 4:08.81 1:27.61		700m: 9:56.93 1:26.65	1100m: 15:34.47 1:24.20	1500m: 20:59.14 1:18.28		
	400m: 5:36.33 1:27.52		800m: 11:22.09 1:25.16	1200m: 16:58.60 1:24.13			
12.	SANTOS, Ricardo Matias	14	Clube Atlet Ferreira Zêzere	<b>21:00.79</b>		<b>304</b>	
	100m: 1:22.98 1:22.98		500m: 7:05.50 1:24.62	900m: 12:45.58 1:25.01	1300m: 18:20.22 1:22.54		
	200m: 2:49.24 1:26.26		600m: 8:30.22 1:24.72	1000m: 14:10.28 1:24.70	1400m: 19:42.16 1:21.94		
	300m: 4:14.31 1:25.07		700m: 9:55.11 1:24.89	1100m: 15:33.74 1:23.46	1500m: 21:00.79 1:18.63		
	400m: 5:40.88 1:26.57		800m: 11:20.57 1:25.46	1200m: 16:57.68 1:23.94			
13.	PIRES, Joao Antonio	14	Torres Novas	<b>21:05.50</b>		<b>300</b>	
	100m: 1:18.58 1:18.58		500m: 6:56.80 1:25.19	900m: 12:39.67 1:25.53	1300m: 18:19.17 1:24.20		
	200m: 2:42.46 1:23.88		600m: 8:22.88 1:26.08	1000m: 14:04.72 1:25.05	1400m: 19:43.27 1:24.10		
	300m: 4:06.65 1:24.19		700m: 9:48.35 1:25.47	1100m: 15:29.76 1:25.04	1500m: 21:05.50 1:22.23		
	400m: 5:31.61 1:24.96		800m: 11:14.14 1:25.79	1200m: 16:54.97 1:25.21			
14.	MATOS, Jaime Casmarrinha	14	Gualdim Pais	<b>21:25.10</b>		<b>287</b>	
	100m: 1:19.57 1:19.57		500m: 7:02.27 1:26.65	900m: 12:50.37 1:27.69	1300m: 18:38.90 1:26.45		
	200m: 2:44.67 1:25.10		600m: 8:28.63 1:26.36	1000m: 14:17.93 1:27.56	1400m: 20:04.97 1:26.07		
	300m: 4:10.54 1:25.87		700m: 9:55.46 1:26.83	1100m: 15:45.59 1:27.66	1500m: 21:25.10 1:20.13		
	400m: 5:35.62 1:25.08		800m: 11:22.68 1:27.22	1200m: 17:12.45 1:26.86			
15.	AMOREIRA, Jose Miguel	14	Clube Natacao Fundao	<b>21:29.69</b>		<b>284</b>	
	100m: 1:22.35 1:22.35		500m: 7:11.05 1:26.60	900m: 12:55.09 1:26.00	1300m: 18:43.08 1:28.12		
	200m: 2:49.41 1:27.06		600m: 8:36.58 1:25.53	1000m: 14:21.25 1:26.16	1400m: 20:07.49 1:24.41		
	300m: 4:17.24 1:27.83		700m: 10:02.43 1:25.85	1100m: 15:48.78 1:27.53	1500m: 21:29.69 1:22.20		
	400m: 5:44.45 1:27.21		800m: 11:29.09 1:26.66	1200m: 17:14.96 1:26.18			

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 1, Masc., 1500m Livres, Infantil A

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
16.	AFONSO, Joao Antonio	14	AN Albicastrense	<b>22:19.26</b>		253	
	100m: 1:19.97 1:19.97	500m: 7:15.16 1:30.49	900m: 13:18.07 1:28.96	1300m: 19:23.12 1:33.26			
	200m: 2:44.79 1:24.82	600m: 8:46.81 1:31.65	1000m: 14:48.97 1:30.90	1400m: 20:53.44 1:30.32			
	300m: 4:13.94 1:29.15	700m: 10:18.16 1:31.35	1100m: 16:19.51 1:30.54	1500m: 22:19.26 1:25.82			
	400m: 5:44.67 1:30.73	800m: 11:49.11 1:30.95	1200m: 17:49.86 1:30.35				
17.	LOURENCO, Diogo Filipe	14	CCDSerta	<b>22:49.54</b>		237	
	100m: 1:24.22 1:24.22	500m: 7:31.95 1:33.06	900m: 13:39.52 1:30.71	1300m: 19:47.03 1:32.33			
	200m: 2:53.94 1:29.72	600m: 9:05.06 1:33.11	1000m: 15:10.75 1:31.23	1400m: 21:16.08 1:29.05			
	300m: 4:25.81 1:31.87	700m: 10:38.21 1:33.15	1100m: 16:41.83 1:31.08	1500m: 22:49.54 1:33.46			
	400m: 5:58.89 1:33.08	800m: 12:08.81 1:30.60	1200m: 18:14.70 1:32.87				

Prova 2

Femin., 800m Livres

12 - 13 anos

18/05/2019 - 11:25

Resultados

Pontos: FINA 2018

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
Infantil B							
1.	MACEDO, Laura Pinheiro	12	AN Albicastrense	<b>10:37.34</b>		425	
	100m: 1:15.27 1:15.27	300m: 3:54.83 1:19.86	500m: 6:35.48 1:20.06	700m: 9:15.83 1:20.04			
	200m: 2:34.97 1:19.70	400m: 5:15.42 1:20.59	600m: 7:55.79 1:20.31	800m: 10:37.34 1:21.51			
2.	MIDOES, Madalena Maria	12	Assoc.20km-Almeirim	<b>10:50.62</b>		399	
	100m: 1:16.91 1:16.91	300m: 4:00.37 1:21.54	500m: 6:44.95 1:22.26	700m: 9:30.91 1:23.08			
	200m: 2:38.83 1:21.92	400m: 5:22.69 1:22.32	600m: 8:07.83 1:22.88	800m: 10:50.62 1:19.71			
3.	NUNES, Marta Filipa	12	Cartaxo	<b>11:15.94</b>		356	
	100m: 1:16.42 1:16.42	300m: 4:05.23 1:24.92	500m: 6:56.30 1:25.97	700m: 9:50.14 1:27.23			
	200m: 2:40.31 1:23.89	400m: 5:30.33 1:25.10	600m: 8:22.91 1:26.61	800m: 11:15.94 1:25.80			
4.	BOTAS, Beatriz Alexandra	12	Assoc.20km-Almeirim	<b>11:35.58</b>		327	
	100m: 1:19.26 1:19.26	300m: 4:13.83 1:27.16	500m: 7:10.80 1:28.22	700m: 10:11.08 1:29.50			
	200m: 2:46.67 1:27.41	400m: 5:42.58 1:28.75	600m: 8:41.58 1:30.78	800m: 11:35.58 1:24.50			
5.	OLIVEIRA, Diana Goncalves	12	Assoc.20km-Almeirim	<b>11:42.26</b>		318	
	100m: 1:22.15 1:22.15	300m: 4:17.08 1:27.42	500m: 7:15.19 1:29.56	700m: 10:15.72 1:30.67			
	200m: 2:49.66 1:27.51	400m: 5:45.63 1:28.55	600m: 8:45.05 1:29.86	800m: 11:42.26 1:26.54			
6.	COELHO, Mariana Mauricio	12	BUZIOS - Coruche	<b>12:19.15</b>		272	
	100m: 1:29.06 1:29.06	300m: 4:36.95 1:33.11	500m: 7:45.46 1:35.25	700m: 10:50.91 1:32.10			
	200m: 3:03.84 1:34.78	400m: 6:10.21 1:33.26	600m: 9:18.81 1:33.35	800m: 12:19.15 1:28.24			
7.	SIMOES, Beatriz Maria	12	Torres Novas	<b>13:22.21</b>		213	
	100m: 1:35.79 1:35.79	300m: 4:59.76 1:41.71	500m: 8:23.14 1:42.32	700m: 11:47.87 1:42.33			
	200m: 3:18.05 1:42.26	400m: 6:40.82 1:41.06	600m: 10:05.54 1:42.40	800m: 13:22.21 1:34.34			
8.	FRAZAO, Laura Calheiros	12	Rio Maior	<b>13:22.92</b>		212	
	100m: 1:32.97 1:32.97	300m: 4:58.78 1:43.88	500m: 8:23.60 1:41.77	700m: 11:46.23 1:40.00			
	200m: 3:14.90 1:41.93	400m: 6:41.83 1:43.05	600m: 10:06.23 1:42.63	800m: 13:22.92 1:36.69			
9.	MATOS, Carolina Rodrigues	12	Elvense	<b>13:40.29</b>		199	
	100m: 1:38.34 1:38.34	300m: 5:06.49 1:44.09	500m: 8:33.70 1:43.48	700m: 12:00.74 1:43.44			
	200m: 3:22.40 1:44.06	400m: 6:50.22 1:43.73	600m: 10:17.30 1:43.60	800m: 13:40.29 1:39.55			
10.	DIAS, Beatriz Roseiro	12	Nautico Abrantes	<b>13:44.30</b>		196	
	100m: 1:40.44 1:40.44	300m: 5:09.71 1:43.97	500m: 8:39.69 1:44.81	700m: 12:06.81 1:42.31			
	200m: 3:25.74 1:45.30	400m: 6:54.88 1:45.17	600m: 10:24.50 1:44.81	800m: 13:44.30 1:37.49			
11.	RIBEIRO, Lara Almeida	12	CCDSerta	<b>13:44.95</b>		196	
	100m: 1:37.62 1:37.62	300m: 5:06.70 1:44.33	500m: 8:38.00 1:46.02	700m: 12:07.36 1:45.32			
	200m: 3:22.37 1:44.75	400m: 6:51.98 1:45.28	600m: 10:22.04 1:44.04	800m: 13:44.95 1:37.59			
12.	CARDOSO, Joana Viamonte	12	Elvense	<b>14:22.08</b>		171	
	100m: 1:43.67 1:43.67	300m: 5:23.93 1:50.92	500m: 9:04.82 1:50.39	700m: 12:39.32 1:46.32			
	200m: 3:33.01 1:49.34	400m: 7:14.43 1:50.50	600m: 10:53.00 1:48.18	800m: 14:22.08 1:42.76			

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 2, Femin., 800m Livres

Infantil A

1.	FLORINDO, Helena Neto	13	Eléctrico	<b>10:03.65</b>	500
	100m: 1:11.55 1:11.55	300m: 3:42.93 1:15.83	500m: 6:16.40 1:16.69	700m: 8:49.82 1:16.69	800m: 10:03.65 1:13.83
	200m: 2:27.10 1:15.55	400m: 4:59.71 1:16.78	600m: 7:33.13 1:16.73		
2.	FERNANDES, Ines Goncalves	13	Nautico Abrantes	<b>10:17.47</b>	467
	100m: 1:13.78 1:13.78	300m: 3:48.67 1:18.02	500m: 6:25.78 1:18.18	700m: 9:02.45 1:18.12	800m: 10:17.47 1:15.02
	200m: 2:30.65 1:16.87	400m: 5:07.60 1:18.93	600m: 7:44.33 1:18.55		
3.	SOUSA, Constanca Grincho	13	Viver Santarém	<b>10:32.68</b>	434
	100m: 1:14.22 1:14.22	300m: 3:52.98 1:20.32	500m: 6:34.76 1:20.92	700m: 9:16.02 1:20.56	800m: 10:32.68 1:16.66
	200m: 2:32.66 1:18.44	400m: 5:13.84 1:20.86	600m: 7:55.46 1:20.70		
4.	BUCHA, Marta Filipa	13	Viver Santarém	<b>10:32.73</b>	434
	100m: 1:13.50 1:13.50	300m: 3:52.76 1:20.28	500m: 6:34.61 1:21.07	700m: 9:15.85 1:20.53	800m: 10:32.73 1:16.88
	200m: 2:32.48 1:18.98	400m: 5:13.54 1:20.78	600m: 7:55.32 1:20.71		
5.	TOME, Rita Bernardo	13	Salvaterra de Magos	<b>10:40.51</b>	419
	100m: 1:13.94 1:13.94	300m: 3:54.96 1:21.62	500m: 6:39.35 1:22.29	700m: 9:22.98 1:21.84	800m: 10:40.51 1:17.53
	200m: 2:33.34 1:19.40	400m: 5:17.06 1:22.10	600m: 8:01.14 1:21.79		
6.	CALDES, Ana Sofia	13	Elvense	<b>10:43.03</b>	414
	100m: 1:17.00 1:17.00	300m: 3:58.95 1:21.23	500m: 6:42.17 1:22.00	700m: 9:24.11 1:21.11	800m: 10:43.03 1:18.92
	200m: 2:37.72 1:20.72	400m: 5:20.17 1:21.22	600m: 8:03.00 1:20.83		
7.	GOMES, Ines Margarida	13	Assoc.20km-Almeirim	<b>10:43.98</b>	412
	100m: 1:15.27 1:15.27	300m: 3:57.23 1:22.01	500m: 6:40.78 1:20.95	700m: 9:23.89 1:21.93	800m: 10:43.98 1:20.09
	200m: 2:35.22 1:19.95	400m: 5:19.83 1:22.60	600m: 8:01.96 1:21.18		
8.	DIAS, Salome Silva	13	CCDSerta	<b>10:48.62</b>	403
	100m: 1:16.81 1:16.81	300m: 3:59.26 1:21.28	500m: 6:42.49 1:21.84	700m: 9:27.04 1:23.36	800m: 10:48.62 1:21.58
	200m: 2:37.98 1:21.17	400m: 5:20.65 1:21.39	600m: 8:03.68 1:21.19		
9.	DUARTE, Laura Leocadio	13	Gualdim Pais	<b>11:04.68</b>	375
	100m: 1:18.97 1:18.97	300m: 4:07.66 1:24.72	500m: 6:54.99 1:23.87	700m: 9:44.17 1:24.78	800m: 11:04.68 1:20.51
	200m: 2:42.94 1:23.97	400m: 5:31.12 1:23.46	600m: 8:19.39 1:24.40		
10.	MADEIRA, Rita Timoteo	13	Viver Santarém	<b>11:15.57</b>	357
	100m: 1:18.12 1:18.12	300m: 4:07.06 1:25.17	500m: 6:59.21 1:26.91	700m: 9:51.08 1:26.32	800m: 11:15.57 1:24.49
	200m: 2:41.89 1:23.77	400m: 5:32.30 1:25.24	600m: 8:24.76 1:25.55		
11.	JANUARIO, Joana Silva	13	Nautico Abrantes	<b>11:17.10</b>	354
	100m: 1:21.45 1:21.45	300m: 4:15.37 1:26.82	500m: 7:06.30 1:25.08	700m: 9:56.42 1:26.03	800m: 11:17.10 1:20.68
	200m: 2:48.55 1:27.10	400m: 5:41.22 1:25.85	600m: 8:30.39 1:24.09		
12.	TEIXEIRA, Maria Beatriz	13	Viver Santarém	<b>11:25.11</b>	342
	100m: 1:19.28 1:19.28	300m: 4:12.09 1:27.21	500m: 7:07.62 1:28.70	700m: 10:01.72 1:27.46	800m: 11:25.11 1:23.39
	200m: 2:44.88 1:25.60	400m: 5:38.92 1:26.83	600m: 8:34.26 1:26.64		
13.	VIEIRA, Raquel Martins	13	AN Albicastrense	<b>11:26.98</b>	339
	100m: 1:20.45 1:20.45	300m: 4:12.57 1:27.25	500m: 7:08.50 1:28.23	700m: 10:03.66 1:26.87	800m: 11:26.98 1:23.32
	200m: 2:45.32 1:24.87	400m: 5:40.27 1:27.70	600m: 8:36.79 1:28.29		
14.	ANTUNES, Joana Patricia	13	CLAC-Entroncamento	<b>11:33.41</b>	330
	100m: 1:20.89 1:20.89	300m: 4:17.07 1:28.59	500m: 7:13.20 1:27.79	700m: 10:09.84 1:28.30	800m: 11:33.41 1:23.57
	200m: 2:48.48 1:27.59	400m: 5:45.41 1:28.34	600m: 8:41.54 1:28.34		
15.	DIEGUES, Carolina Fonseca	13	Clube Natacao Fundao	<b>11:34.67</b>	328
	100m: 1:18.79 1:18.79	300m: 4:12.98 1:27.63	500m: 7:09.91 1:28.92	700m: 10:07.52 1:28.98	800m: 11:34.67 1:27.15
	200m: 2:45.35 1:26.56	400m: 5:40.99 1:28.01	600m: 8:38.54 1:28.63		
16.	FREITAS, Barbara Maia	13	CLAC-Entroncamento	<b>11:38.72</b>	322
	100m: 1:21.07 1:21.07	300m: 4:12.80 1:26.56	500m: 7:13.44 1:30.66	700m: 10:13.06 1:29.90	800m: 11:38.72 1:25.66
	200m: 2:46.24 1:25.17	400m: 5:42.78 1:29.98	600m: 8:43.16 1:29.72		
17.	ALVES, Eleonor Dias	13	Nautico Abrantes	<b>11:42.56</b>	317
	100m: 1:21.81 1:21.81	300m: 4:16.92 1:28.05	500m: 7:14.78 1:29.00	700m: 10:16.50 1:30.89	800m: 11:42.56 1:26.06
	200m: 2:48.87 1:27.06	400m: 5:45.78 1:28.86	600m: 8:45.61 1:30.83		
18.	SILVA, Maria Neves	13	Gualdim Pais	<b>11:57.23</b>	298
	100m: 1:26.60 1:26.60	300m: 4:26.06 1:30.45	500m: 7:27.84 1:30.29	700m: 10:32.56 1:32.11	800m: 11:57.23 1:24.67
	200m: 2:55.61 1:29.01	400m: 5:57.55 1:31.49	600m: 9:00.45 1:32.61		

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 2, Femin., 800m Livres, Infantil A

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	MEDROA, Margarida Viegas	13	Nautico Abrantes	<b>12:13.58</b>		278	
	100m: 1:27.14 1:27.14	300m: 4:29.13 1:31.35	500m: 7:34.82 1:32.71	700m: 10:41.72 1:33.45			
	200m: 2:57.78 1:30.64	400m: 6:02.11 1:32.98	600m: 9:08.27 1:33.45	800m: 12:13.58 1:31.86			
20.	LOURENCO, Mafalda Silva	13	CCDSerta	<b>12:18.17</b>		273	
	100m: 1:22.09 1:22.09	300m: 4:25.39 1:33.34	500m: 7:36.75 1:36.26	700m: 10:47.14 1:34.45			
	200m: 2:52.05 1:29.96	400m: 6:00.49 1:35.10	600m: 9:12.69 1:35.94	800m: 12:18.17 1:31.03			
21.	BERNARDO, Elsa Pinheiro	13	Clube Natacao Fundao	<b>12:41.91</b>		249	
	100m: 1:28.43 1:28.43	300m: 4:42.30 1:35.95	500m: 7:57.14 1:38.13	700m: 11:11.28 1:35.50			
	200m: 3:06.35 1:37.92	400m: 6:19.01 1:36.71	600m: 9:35.78 1:38.64	800m: 12:41.91 1:30.63			
22.	SILVA, Carolina Santos	13	CCDSerta	<b>12:47.32</b>		243	
	100m: 1:33.37 1:33.37	300m: 4:48.33 1:37.50	500m: 8:04.27 1:37.85	700m: 11:17.99 1:36.86			
	200m: 3:10.83 1:37.46	400m: 6:26.42 1:38.09	600m: 9:41.13 1:36.86	800m: 12:47.32 1:29.33			
23.	ANDRIACA, Leonor Martins	13	AN Albicastrense	<b>12:49.58</b>		241	
	100m: 1:30.63 1:30.63	300m: 4:46.34 1:37.81	500m: 8:01.34 1:36.91	700m: 11:16.99 1:37.64			
	200m: 3:08.53 1:37.90	400m: 6:24.43 1:38.09	600m: 9:39.35 1:38.01	800m: 12:49.58 1:32.59			
24.	MONRAIA, Matilde Nabeiro	13	CLAC-Entroncamento	<b>13:10.98</b>		222	
	100m: 1:28.39 1:28.39	300m: 4:47.07 1:39.37	500m: 8:10.34 1:42.37	700m: 11:35.46 1:42.89			
	200m: 3:07.70 1:39.31	400m: 6:27.97 1:40.90	600m: 9:52.57 1:42.23	800m: 13:10.98 1:35.52			
25.	BAPTISTA, Carolina Mata	13	Elvense	<b>13:18.47</b>		216	
	100m: 1:28.27 1:28.27	300m: 4:46.54 1:39.62	500m: 8:12.59 1:44.15	700m: 11:40.38 1:44.54			
	200m: 3:06.92 1:38.65	400m: 6:28.44 1:41.90	600m: 9:55.84 1:43.25	800m: 13:18.47 1:38.09			
26.	TRINDADE, Maria Eduarda	13	Clube Nataçao Portalegre	<b>13:34.05</b>		204	
	100m: 1:34.03 1:34.03	300m: 5:01.79 1:44.54	500m: 8:30.42 1:43.76	700m: 11:58.76 1:43.74			
	200m: 3:17.25 1:43.22	400m: 6:46.66 1:44.87	600m: 10:15.02 1:44.60	800m: 13:34.05 1:35.29			

Prova 3  
18/05/2019 - 16:00

Femin., 100m Mariposa

14 - 15 anos  
Resultados

Pontos: FINA 2018

Lugar	Idade	Tempo final	Pts	50m	100m	
<b>Juvenil B</b>						
1.	BENTO, Maria Madalena	14	BUZIOS - Coruche	<b>1:07.45</b>	530	31.96 35.49
2.	LOURO, Ariana Espirito	14	Gualdim Pais	<b>1:08.78</b>	500	31.95 36.83
3.	REIS, Beatriz Grave	14	Rio Maior	<b>1:09.87</b>	477	32.44 37.43
4.	NICOLAU, Margarida Claudino	14	Torres Novas	<b>1:11.50</b>	445	32.33 39.17
5.	CARLOTA, Catarina Isabel	14	BUZIOS - Coruche	<b>1:11.56</b>	444	33.78 37.78
6.	NEVES, Daniela Lourenco	14	CCDSerta	<b>1:11.99</b>	436	33.57 38.42
7.	CANINHAS, Maria Pinto	14	Clube Natacao Fundao	<b>1:12.06</b>	435	33.57 38.49
8.	NOBRE, Beatriz Gaspar	14	Gualdim Pais	<b>1:14.60</b>	392	35.21 39.39
9.	SILVA, Ana Margarida	14	Clube Natacao Fundao	<b>1:17.47</b>	350	35.04 42.43
10.	BRANCO, Matilde Paulos	14	BUZIOS - Coruche	<b>1:19.18</b>	328	36.65 42.53
11.	GUIA, Carolina Manuela	14	Viver Santarém	<b>1:20.18</b>	315	37.05 43.13
12.	CAETANO, Ines Martins	14	CCDSerta	<b>1:21.42</b>	301	35.98 45.44
13.	PIRES, Laura Joao	14	Clube Natacao Fundao	<b>1:22.05</b>	294	36.68 45.37
14.	COTOVIO, Ines Filipa	14	Salvaterra de Magos	<b>1:25.03</b>	264	38.12 46.91
15.	MERUJE, Ana Agra	14	Elvense	<b>1:32.13</b>	208	42.67 49.46
16.	CALDEIRINHA, Beatriz Canhot	14	Elvense	<b>1:33.88</b>	196	42.11 51.77
17.	ANTUNES, Joana Silva	14	CLAC-Entroncamento	<b>1:36.66</b>	180	43.28 53.38
18.	PATRACOLO, Mariana Passar	14	Elvense	<b>1:37.31</b>	176	43.41 53.90
DSQ	GALVAO, Matilde Fernandes	14	AN Albicastrense			
	<i>811 - Pernada de braços durante o percurso - SW 8.3, O Atleta depois da viragem dos 50 m fez mais do que uma pernada braços</i>					

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 3, Femin., 100m Mariposa

Juvenil A

1.	FRANCO, Barbara Garrido	15	Elvense	<b>1:14.05</b>	401	33.76	40.29
2.	BENTO, Beatriz Staiger	15	Viver Santarém	<b>1:17.59</b>	348	34.60	42.99
3.	SOUSA, Joana Margarida	15	Assoc.20km-Almeirim	<b>1:18.82</b>	332	35.83	42.99
4.	SILVA, Ines Louro	15	AN Albicastrense	<b>1:22.21</b>	293	37.19	45.02
5.	VICENTE, Joana Fernandes	15	Torres Novas	<b>1:22.45</b>	290	35.52	46.93
6.	VENTURA, Sara Sofia	15	Elvense	<b>1:22.59</b>	289	37.15	45.44
7.	GONCALVES, Ana Rita	15	AN Albicastrense	<b>1:23.92</b>	275	37.93	45.99
8.	LOURO, Raquel Canelas	15	Viver Santarém	<b>1:24.78</b>	267	38.30	46.48
9.	RODRIGUES, Diana Neves	15	Clube Natacao Fundao	<b>1:28.06</b>	238	40.86	47.20
10.	SABANOVIC, Erna	15	CLAC-Entroncamento	<b>1:31.99</b>	209	41.94	50.05

Prova 4

Masc., 200m Estilos

15 - 16 anos

18/05/2019 - 16:10

Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	150m	200m	
<b>Juvenil B</b>									
1.	CHOCAS, Afonso Alves	15	Eléctrico	<b>2:19.54</b>	484	30.60	35.94	40.48	32.52
2.	OLIVEIRA, Pedro Nuno	15	Torres Novas	<b>2:21.19</b>	468	30.61	36.13	41.89	32.56
3.	GASPAR, Andre Jesus	15	Gualdim Pais	<b>2:29.81</b>	391	31.80	39.47	43.67	34.87
4.	MATIAS, Francisco Miguel	15	CCDSerta	<b>2:31.34</b>	380	32.64	41.69	40.66	36.35
5.	NUNES, Miguel Filipe	15	Cartaxo	<b>2:32.72</b>	369	31.88	40.27	46.63	33.94
6.	FERREIRA, Joao Marques	15	Viver Santarém	<b>2:33.07</b>	367	32.50	38.92	47.13	34.52
7.	MOURATO, Tiago Miguel	15	Torres Novas	<b>2:33.21</b>	366	33.22	38.50	45.57	35.92
8.	MONTEIRO, Jose Miguel	15	Gualdim Pais	<b>2:39.87</b>	322	34.01	41.61	47.71	36.54
9.	NUNES, Goncalo Farinha	15	CCDSerta	<b>2:44.00</b>	298	35.36	41.47	51.06	36.11
10.	SERRA, Ivo Rafael	15	CLAC-Entroncamento	<b>2:47.67</b>	279	36.97	43.61	50.45	36.64
11.	ALEXANDRE, F.	15	CLAC-Entroncamento	<b>2:48.59</b>	274	36.40	41.76	52.99	37.44
12.	FARINHA, Carlos Santos	15	AN Albicastrense	<b>2:54.75</b>	246	37.39	44.10	55.50	37.76
13.	BARATA, Pedro Afonso	15	Clube Natacao Fundao	<b>2:54.78</b>	246	37.19	43.57	55.19	38.83
14.	CARRILHO, Luis Almeida	15	Sporting Campomaiorense	<b>3:00.23</b>	225	36.31	46.33	56.49	41.10
DSQ	FERNANDES, R.	15	Cartaxo						
	<i>722 - Tocou com uma mão na parede na viragem aos 150 m - SW 7.6</i>								
DSQ	ANTUNES, Diogo Rafael	15	CLAC-Entroncamento						
	<i>603 - Após viragem saiu em posição ventral aos ... m - SW 6.2</i>								

Juvenil A

1.	LOPES, Luis Afonso	16	Viver Santarém	<b>2:13.81</b>	549	28.97	34.62	38.31	31.91
2.	CRISTOVAO, G.	16	Viver Santarém	<b>2:15.59</b>	528	29.76	33.18	41.98	30.67
3.	TOME, Diogo Bernardo	16	Salvaterra de Magos	<b>2:21.90</b>	461	31.42	35.59	42.54	32.35
4.	SANTANA, Pedro Maria	16	Torres Novas	<b>2:22.47</b>	455	31.10	37.16	41.00	33.21
5.	JORGE, Tiago Miguel	16	Rio Maior	<b>2:22.80</b>	452	30.04	37.53	42.33	32.90
6.	COUTINHO, G.	16	Viver Santarém	<b>2:22.90</b>	451	29.89	35.02	44.98	33.01
7.	ALVES, Rui Chagas	16	Viver Santarém	<b>2:23.13</b>	449	30.55	37.18	42.49	32.91
8.	MATRENO, Diogo Miguel	16	Torres Novas	<b>2:23.60</b>	444	31.83	35.19	44.63	31.95
9.	NUNES, Hugo Fernandes	16	Natacao Guarda	<b>2:25.82</b>	424	29.95	38.88	44.50	32.49
10.	MENDES, Guilherme Marques	16	Torres Novas	<b>2:26.58</b>	418	30.04	38.12	44.99	33.43
11.	SILVA, Duarte Filipe	16	BUZIOS - Coruche	<b>2:26.98</b>	414	31.85	35.39	46.89	32.85
12.	ANDRADE, Mario Luis	16	Clube Natacao Portalegre	<b>2:29.30</b>	395	29.74	39.12	47.43	33.01
13.	MARTINS, Henrique Anton	16	Natacao do Tejo	<b>2:31.14</b>	381	32.76	37.26	45.48	35.64
14.	COELHO, Bruno Teixeira	16	Natacao Guarda	<b>2:31.96</b>	375	33.12	37.33	46.48	35.03
15.	ALMEIDA, Fabio Gomes	16	Natacao Guarda	<b>2:40.99</b>	315	34.36	41.45	47.40	37.78
16.	VICTAL, Tomas Antonio	16	Assoc.20km-Almeirim	<b>2:41.50</b>	312	35.48	42.90	49.18	33.94
17.	MENDES, Martim Rosa	16	AN Albicastrense	<b>2:43.21</b>	303	34.22	40.84	47.00	41.15
18.	AGOSTINHO, Iuri Aragone	16	Clube Natacao Portalegre	<b>2:46.10</b>	287	35.75	44.32	48.74	37.29
19.	PAULETA, Miguel Angelo	16	Clube Natacao Portalegre	<b>2:58.09</b>	233	37.61	49.71	52.72	38.05

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 5  
18/05/2019 - 16:40

Femin., 100m Bruços

14 - 15 anos  
Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	
<b>Juvenil B</b>							
1.	REIS, Beatriz Grave	14	Rio Maior	<b>1:19.33</b>	485	37.78	41.55
2.	NICOLAU, Margarida Claudino	14	Torres Novas	<b>1:20.78</b>	460	38.36	42.42
3.	PIRES, Laura Joao	14	Clube Natacao Fundao	<b>1:20.93</b>	457	38.39	42.54
4.	LOURO, Ariana Espirito	14	Gualdim Pais	<b>1:21.25</b>	452	39.07	42.18
5.	CARLOTA, Catarina Isabel	14	BUZIOS - Coruche	<b>1:25.41</b>	389	40.79	44.62
6.	BENTO, Maria Madalena	14	BUZIOS - Coruche	<b>1:26.16</b>	379	41.44	44.72
7.	NEVES, Daniela Lourenco	14	CCDSerta	<b>1:27.16</b>	366	42.22	44.94
8.	NOBRE, Beatriz Gaspar	14	Gualdim Pais	<b>1:28.78</b>	346	42.75	46.03
9.	CANINHAS, Maria Pinto	14	Clube Natacao Fundao	<b>1:29.53</b>	337	42.82	46.71
10.	CAETANO, Ines Martins	14	CCDSerta	<b>1:30.24</b>	330	44.28	45.96
11.	BRANCO, Matilde Paulos	14	BUZIOS - Coruche	<b>1:31.20</b>	319	43.14	48.06
12.	SILVA, Ana Margarida	14	Clube Natacao Fundao	<b>1:33.78</b>	294	44.19	49.59
13.	COTOVIO, Ines Filipa	14	Salvaterra de Magos	<b>1:34.33</b>	288	44.88	49.45
14.	GUIA, Carolina Manuela	14	Viver Santarém	<b>1:36.99</b>	265	46.03	50.96
15.	MERUJE, Ana Agra	14	Elvense	<b>1:38.38</b>	254	46.66	51.72
16.	PATRACOLO, Mariana Passare	14	Elvense	<b>1:40.67</b>	237	47.12	53.55
17.	CALDEIRINHA, Beatriz Canhot	14	Elvense	<b>1:43.37</b>	219	49.14	54.23
18.	GALVAO, Maria Fernandes	14	AN Albicastrense	<b>1:47.68</b>	194	50.49	57.19
19.	GALVAO, Matilde Fernandes	14	AN Albicastrense	<b>1:49.90</b>	182	51.66	58.24
20.	ANTUNES, Joana Silva	14	CLAC-Entroncamento	<b>1:52.75</b>	169	52.85	59.90

**Juvenil A**

1.	SILVA, Ines Louro	15	AN Albicastrense	<b>1:20.76</b>	460	38.44	42.32
2.	FRANCO, Barbara Garrido	15	Elvense	<b>1:22.03</b>	439	38.44	43.59
3.	VENTURA, Sara Sofia	15	Elvense	<b>1:24.17</b>	406	40.46	43.71
4.	BENTO, Beatriz Staiger	15	Viver Santarém	<b>1:27.63</b>	360	41.63	46.00
5.	LOURO, Raquel Canelas	15	Viver Santarém	<b>1:31.07</b>	321	42.98	48.09
6.	VICENTE, Joana Fernandes	15	Torres Novas	<b>1:31.54</b>	316	43.69	47.85
7.	SOUSA, Joana Margarida	15	Assoc.20km-Almeirim	<b>1:31.68</b>	314	43.63	48.05
8.	GONCALVES, Ana Rita	15	AN Albicastrense	<b>1:35.48</b>	278	44.43	51.05
9.	RODRIGUES, Diana Neves	15	Clube Natacao Fundao	<b>1:36.43</b>	270	46.01	50.42
10.	SABANOVIC, Erna	15	CLAC-Entroncamento	<b>1:47.56</b>	194	51.11	56.45

Prova 6  
18/05/2019 - 16:55

Masc., 100m Costas

15 - 16 anos  
Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	
<b>Juvenil B</b>							
1.	CHOCAS, Afonso Alves	15	Eléctrico	<b>1:05.58</b>	414	32.07	33.51
2.	OLIVEIRA, Pedro Nuno	15	Torres Novas	<b>1:07.81</b>	375	33.46	34.35
3.	FERNANDES, Rodrigo Cardos	15	Cartaxo	<b>1:08.95</b>	356	33.26	35.69
4.	NUNES, Miguel Filipe	15	Cartaxo	<b>1:10.39</b>	335	35.00	35.39
5.	GASPAR, Andre Jesus	15	Gualdim Pais	<b>1:12.43</b>	307	35.35	37.08
6.	FERREIRA, Joao Marques	15	Viver Santarém	<b>1:12.88</b>	302	36.71	36.17
7.	NUNES, Goncalo Farinha	15	CCDSerta	<b>1:13.90</b>	289	36.14	37.76
8.	MOURATO, Tiago Miguel	15	Torres Novas	<b>1:13.99</b>	288	35.73	38.26
9.	BARATA, Pedro Afonso	15	Clube Natacao Fundao	<b>1:15.21</b>	274	36.60	38.61
10.	MONTEIRO, Jose Miguel	15	Gualdim Pais	<b>1:16.30</b>	263	37.55	38.75
11.	MATIAS, Francisco Miguel	15	CCDSerta	<b>1:16.38</b>	262	37.28	39.10
12.	ALEXANDRE, Francisco Poloni	15	CLAC-Entroncamento	<b>1:17.65</b>	249	37.17	40.48
13.	SERRA, Ivo Rafael	15	CLAC-Entroncamento	<b>1:22.74</b>	206	40.21	42.53
14.	FARINHA, Carlos Santos	15	AN Albicastrense	<b>1:25.12</b>	189	42.03	43.09
15.	CARRILHO, Luis Almeida	15	Sporting Campomaiorense	<b>1:27.98</b>	171	43.10	44.88



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Prova 6, Masc., 100m Costas, Juvenil B

Lugar	Idade		Tempo final	Pts	50m	100m
16.	ANTUNES, Diogo Rafael	15 CLAC-Entroncamento	<b>1:32.05</b>	149	45.81	46.24

Juvenil A

1.	CRISTOVAO, Goncalo Magalhães	16 Viver Santarém	<b>1:00.95</b>	516	30.38	30.57
2.	COUTINHO, Guilherme Pereira	16 Viver Santarém	<b>1:02.28</b>	484	30.64	31.64
3.	LOPES, Luis Afonso	16 Viver Santarém	<b>1:02.49</b>	479	31.40	31.09
4.	TOME, Diogo Bernardo	16 Salvaterra de Magos	<b>1:04.70</b>	431	31.49	33.21
5.	MATRENO, Diogo Miguel	16 Torres Novas	<b>1:04.73</b>	431	31.95	32.78
6.	SANTANA, Pedro Maria	16 Torres Novas	<b>1:05.88</b>	408	32.50	33.38
7.	ALVES, Rui Chagas	16 Viver Santarém	<b>1:06.30</b>	401	32.88	33.42
8.	COELHO, Bruno Teixeira	16 Natacao Guarda	<b>1:07.24</b>	384	33.02	34.22
9.	MARTINS, Henrique Antonio	16 Natacao do Tejo	<b>1:07.91</b>	373	32.97	34.94
10.	NUNES, Hugo Fernandes	16 Natacao Guarda	<b>1:08.11</b>	370	32.95	35.16
11.	SILVA, Duarte Filipe	16 BUZIOS - Coruche	<b>1:08.15</b>	369	33.80	34.35
12.	MENDES, Guilherme Marques	16 Torres Novas	<b>1:09.77</b>	344	34.45	35.32
13.	JORGE, Tiago Miguel	16 Rio Maior	<b>1:10.86</b>	328	34.42	36.44
14.	ANDRADE, Mario Luis	16 Clube Nataçao Portalegre	<b>1:14.30</b>	285	36.45	37.85
15.	ALMEIDA, Fabio Gomes	16 Natacao Guarda	<b>1:14.70</b>	280	36.64	38.06
16.	MENDES, Martim Rosa	16 AN Albicastrense	<b>1:17.22</b>	253	37.60	39.62
17.	AGOSTINHO, Iuri Aragonez	16 Clube Nataçao Portalegre	<b>1:17.80</b>	248	37.46	40.34
18.	VICTAL, Tomas Antonio	16 Assoc.20km-Almeirim	<b>1:20.47</b>	224	39.42	41.05
19.	PAULETA, Miguel Angelo	16 Clube Nataçao Portalegre	<b>1:29.82</b>	161	42.82	47.00

Prova 7

Femin., 100m Livres

14 - 15 anos

18/05/2019 - 17:05

Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m
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Juvenil B

1.	NICOLAU, Margarida Claudino	14 Torres Novas	<b>1:00.24</b>	580	28.91	31.33
2.	REIS, Beatriz Grave	14 Rio Maior	<b>1:02.09</b>	530	30.62	31.47
3.	BENTO, Maria Madalena	14 BUZIOS - Coruche	<b>1:02.40</b>	522	30.86	31.54
4.	CARLOTA, Catarina Isabel	14 BUZIOS - Coruche	<b>1:03.89</b>	486	31.30	32.59
5.	LOURO, Ariana Espirito	14 Gualdim Pais	<b>1:03.98</b>	484	30.70	33.28
6.	CANINHAS, Maria Pinto	14 Clube Natacao Fundao	<b>1:04.35</b>	476	31.41	32.94
7.	NEVES, Daniela Lourenco	14 CCDSerta	<b>1:04.55</b>	471	31.01	33.54
8.	NOBRE, Beatriz Gaspar	14 Gualdim Pais	<b>1:04.77</b>	466	31.49	33.28
9.	PIRES, Laura Joao	14 Clube Natacao Fundao	<b>1:05.69</b>	447	32.05	33.64
10.	SILVA, Ana Margarida	14 Clube Natacao Fundao	<b>1:06.80</b>	425	31.77	35.03
11.	CAETANO, Ines Martins	14 CCDSerta	<b>1:07.09</b>	420	32.26	34.83
12.	BRANCO, Matilde Paulos	14 BUZIOS - Coruche	<b>1:08.93</b>	387	33.09	35.84
13.	COTOVIO, Ines Filipa	14 Salvaterra de Magos	<b>1:09.53</b>	377	33.27	36.26
14.	GUIA, Carolina Manuela	14 Viver Santarém	<b>1:10.12</b>	368	33.73	36.39
15.	PATRACOLO, Mariana Passarica	14 Elvense	<b>1:14.33</b>	308	35.55	38.78
16.	MERUJE, Ana Agra	14 Elvense	<b>1:14.67</b>	304	36.19	38.48
17.	ANTUNES, Joana Silva	14 CLAC-Entroncamento	<b>1:16.82</b>	279	36.01	40.81
18.	CALDEIRINHA, Beatriz Canhot	14 Elvense	<b>1:20.29</b>	245	36.81	43.48
19.	GALVAO, Matilde Fernandes	14 AN Albicastrense	<b>1:22.31</b>	227	38.00	44.31
20.	GALVAO, Maria Fernandes	14 AN Albicastrense	<b>1:27.99</b>	186	41.57	46.42

Juvenil A

1.	BENTO, Beatriz Staiger	15 Viver Santarém	<b>1:05.05</b>	460	31.45	33.60
2.	VENTURA, Sara Sofia	15 Elvense	<b>1:05.59</b>	449	31.53	34.06
3.	SILVA, Ines Louro	15 AN Albicastrense	<b>1:06.50</b>	431	31.93	34.57
4.	FRANCO, Barbara Garrido	15 Elvense	<b>1:06.69</b>	427	31.57	35.12
5.	LOURO, Raquel Canelas	15 Viver Santarém	<b>1:06.98</b>	422	31.96	35.02
6.	SOUSA, Joana Margarida	15 Assoc.20km-Almeirim	<b>1:07.84</b>	406	32.31	35.53

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Prova 7, Femin., 100m Livres, Juvenil A

Lugar	Idade	Tempo final	Pts	50m	100m
7. GONCALVES, Ana Rita	15 AN Albicastrense	<b>1:11.34</b>	349	34.30	37.04
8. RODRIGUES, Diana Neves	15 Clube Natacao Fundao	<b>1:11.46</b>	347	34.57	36.89
9. VICENTE, Joana Fernandes	15 Torres Novas	<b>1:13.27</b>	322	35.75	37.52
10. SABANOVIC, Erna	15 CLAC-Entroncamento	<b>1:13.41</b>	320	35.49	37.92

Prova 8

Masc., 400m Estilos

13 - 14 anos

19/05/2019 - 9:00

Resultados

Pontos: FINA 2018

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
<b>Infantis B</b>							
1.	BINYAS, Eduardo	13	Rio Maior	<b>5:28.85</b>		367	
	50m: 33.36 33.36	150m: 1:55.41 43.75	250m: 3:29.10 50.99	350m: 4:55.44 35.77			
	100m: 1:11.66 38.30	200m: 2:38.11 42.70	300m: 4:19.67 50.57	400m: 5:28.85 33.41			
2.	SOKOLOVSKYY, Vitor	13	Nautico Abrantes	<b>5:52.73</b>		297	
	50m: 36.69 36.69	150m: 2:06.35 43.76	250m: 3:43.13 52.94	350m: 5:14.94 39.29			
	100m: 1:22.59 45.90	200m: 2:50.19 43.84	300m: 4:35.65 52.52	400m: 5:52.73 37.79			
3.	EVARISTO, Bernardo Miguel	13	Gualdim Pais	<b>5:53.40</b>		295	
	50m: 39.78 39.78	150m: 2:11.13 45.63	250m: 3:43.60 47.64	350m: 5:14.77 41.17			
	100m: 1:25.50 45.72	200m: 2:55.96 44.83	300m: 4:33.60 50.00	400m: 5:53.40 38.63			
4.	RIBEIRO, Francisco Martins	13	CCDSerta	<b>6:03.16</b>		272	
	50m: 35.98 35.98	150m: 2:05.45 48.51	250m: 3:45.20 53.81	350m: 5:23.62 44.39			
	100m: 1:16.94 40.96	200m: 2:51.39 45.94	300m: 4:39.23 54.03	400m: 6:03.16 39.54			
5.	PINHO, Afonso Formigo	13	Torres Novas	<b>6:05.07</b>		268	
	50m: 39.41 39.41	150m: 2:11.25 46.20	250m: 3:49.62 53.07	350m: 5:27.15 43.86			
	100m: 1:25.05 45.64	200m: 2:56.55 45.30	300m: 4:43.29 53.67	400m: 6:05.07 37.92			
6.	BISPO, Daniel Silva	13	Nautico Abrantes	<b>6:05.59</b>		267	
	50m: 39.79 39.79	150m: 2:15.64 47.75	250m: 3:54.72 52.97	350m: 5:28.82 40.49			
	100m: 1:27.89 48.10	200m: 3:01.75 46.11	300m: 4:48.33 53.61	400m: 6:05.59 36.77			
7.	TRINCAO, Tiago Miguel	13	Torres Novas	<b>6:06.55</b>		265	
	50m: 37.15 37.15	150m: 2:12.00 48.58	250m: 3:51.87 52.32	350m: 5:28.71 42.88			
	100m: 1:23.42 46.27	200m: 2:59.55 47.55	300m: 4:45.83 53.96	400m: 6:06.55 37.84			
8.	MADALENA, Manuel Maria	13	Clube Natacao Fundao	<b>6:09.61</b>		258	
	50m: 39.57 39.57	150m: 2:13.76 46.06	250m: 3:52.52 54.36	350m: 5:29.26 40.69			
	100m: 1:27.70 48.13	200m: 2:58.16 44.40	300m: 4:48.57 56.05	400m: 6:09.61 40.35			
9.	GOMES, Rafael Rodrigues	13	CLAC-Entroncamento	<b>6:14.88</b>		247	
	50m: 37.38 37.38	150m: 2:09.74 47.72	250m: 3:55.98 59.26	350m: 5:36.81 41.51			
	100m: 1:22.02 44.64	200m: 2:56.72 46.98	300m: 4:55.30 59.32	400m: 6:14.88 38.07			
10.	AMARAL, Lucas Oliveira	13	Clube Natacao Fundao	<b>6:20.74</b>		236	
	50m: 39.53 39.53	150m: 2:19.74 50.62	250m: 4:02.17 55.30	350m: 5:40.45 41.95			
	100m: 1:29.12 49.59	200m: 3:06.87 47.13	300m: 4:58.50 56.33	400m: 6:20.74 40.29			
11.	CALDEIRINHA, Joao Canhoto	13	Elvense	<b>6:20.89</b>		236	
	50m: 39.37 39.37	150m: 2:15.18 48.93	250m: 3:57.64 53.78	350m: 5:36.70 43.46			
	100m: 1:26.25 46.88	200m: 3:03.86 48.68	300m: 4:53.24 55.60	400m: 6:20.89 44.19			
12.	BATALHA, Andre Ferreira	13	Viver Santarém	<b>6:33.17</b>		214	
	50m: 39.73 39.73	150m: 2:17.72 50.25	250m: 4:06.13 1:01.32	350m: 5:49.89 42.69			
	100m: 1:27.47 47.74	200m: 3:04.81 47.09	300m: 5:07.20 1:01.07	400m: 6:33.17 43.28			
13.	AZEVEDO, Rafael Sousa	13	Cartaxo	<b>6:33.57</b>		214	
	50m: 39.79 39.79	150m: 2:18.73 51.96	250m: 4:09.77 1:01.61	350m: 5:55.81 41.29			
	100m: 1:26.77 46.98	200m: 3:08.16 49.43	300m: 5:14.52 1:04.75	400m: 6:33.57 37.76			
14.	TEMUDO, Jose Maria	13	Rio Maior	<b>6:40.12</b>		203	
	50m: 43.31 43.31	150m: 2:28.40 52.59	250m: 4:13.88 56.14	350m: 5:57.40 45.80			
	100m: 1:35.81 52.50	200m: 3:17.74 49.34	300m: 5:11.60 57.72	400m: 6:40.12 42.72			

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Prova 8, Masc., 400m Estilos, Infantis B

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
15.	PINTO, Fabio Jose	13	CCDSerta	<b>6:45.72</b>		195	
	50m: 41.17 41.17	150m: 2:27.67 52.83	250m: 4:16.82 58.06	350m: 6:02.67 47.37			
	100m: 1:34.84 53.67	200m: 3:18.76 51.09	300m: 5:15.30 58.48	400m: 6:45.72 43.05			
16.	GILSA, Filipe Borrega	13	Sporting Campomaiorense	<b>7:20.96</b>		152	
	50m: 44.04 44.04	150m: 2:34.06 55.81	250m: 4:33.40 1:04.63	350m: 6:29.83 51.17			
	100m: 1:38.25 54.21	200m: 3:28.77 54.71	300m: 5:38.66 1:05.26	400m: 7:20.96 51.13			
DSQ	BARATA, Henrique Duarte	13	Clube Natacao Fundao				
	<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						
DSQ	PITA, Andre Coelho	13	Nautico Abrantes				
	<i>O atleta não efectuou movimento imediato e contínuo na viragem dos 150m.</i>						
DSQ	FERREIRA, Goncalo Filipe	13	Assoc.20km-Almeirim				
	<i>722 - Tocou com uma mão na parede na viragem aos 300 m - SW 7.6</i>						
DSQ	SILVA, Lorenzo Muniz	13	BUZIOS - Coruche				
	<i>724 - Não tocou com as mãos na parede simultaneamente na viragem aos 300 m - SW 7.6</i>						

Infantis A

1.	CABRAL, Jose Pinto	14	Viver Santarém	<b>5:07.40</b>		449	
	50m: 32.89 32.89	150m: 1:48.72 38.10	250m: 3:10.06 44.30	350m: 4:32.88 35.29			
	100m: 1:10.62 37.73	200m: 2:25.76 37.04	300m: 3:57.59 47.53	400m: 5:07.40 34.52			
2.	NUNES, Carlos Daniel	14	Salvaterra de Magos	<b>5:11.98</b>		430	
	50m: 32.68 32.68	150m: 1:54.43 43.34	250m: 3:18.04 42.94	350m: 4:37.83 36.63			
	100m: 1:11.09 38.41	200m: 2:35.10 40.67	300m: 4:01.20 43.16	400m: 5:11.98 34.15			
3.	GABOLEIRO, Guilherme Filipe	14	Rio Maior	<b>5:28.23</b>		369	
	50m: 33.46 33.46	150m: 1:55.87 43.03	250m: 3:24.28 46.07	350m: 4:50.98 38.54			
	100m: 1:12.84 39.38	200m: 2:38.21 42.34	300m: 4:12.44 48.16	400m: 5:28.23 37.25			
4.	GABOLEIRO, Ricardo Filipe	14	Rio Maior	<b>5:28.48</b>		368	
	50m: 33.61 33.61	150m: 1:55.46 41.75	250m: 3:25.40 49.31	350m: 4:53.49 37.90			
	100m: 1:13.71 40.10	200m: 2:36.09 40.63	300m: 4:15.59 50.19	400m: 5:28.48 34.99			
5.	ROSA, Simao Dinis	14	Torres Novas	<b>5:28.85</b>		367	
	50m: 32.61 32.61	150m: 1:52.17 42.18	250m: 3:23.16 49.96	350m: 4:53.77 39.68			
	100m: 1:09.99 37.38	200m: 2:33.20 41.03	300m: 4:14.09 50.93	400m: 5:28.85 35.08			
6.	GONCALVES, Diogo Antunes	14	Natacao Guarda	<b>5:32.61</b>		354	
	50m: 35.55 35.55	150m: 2:00.00 43.72	250m: 3:32.92 51.02	350m: 5:02.58 38.40			
	100m: 1:16.28 40.73	200m: 2:41.90 41.90	300m: 4:24.18 51.26	400m: 5:32.61 30.03			
7.	ALEKSYEYEV, Artur Paulo	14	Viver Santarém	<b>5:32.79</b>		354	
	50m: 35.22 35.22	150m: 1:59.19 43.21	250m: 3:30.24 48.74	350m: 4:58.12 38.15			
	100m: 1:15.98 40.76	200m: 2:41.50 42.31	300m: 4:19.97 49.73	400m: 5:32.79 34.67			
8.	LOPES, Andre Prates	14	Eléctrico	<b>5:41.43</b>		328	
	50m: 37.03 37.03	150m: 2:06.20 42.64	250m: 3:35.33 47.86	350m: 5:04.53 39.03			
	100m: 1:23.56 46.53	200m: 2:47.47 41.27	300m: 4:25.50 50.17	400m: 5:41.43 36.90			
9.	FERREIRA, Miguel Marques	14	Viver Santarém	<b>5:53.13</b>		296	
	50m: 35.73 35.73	150m: 2:03.52 44.85	250m: 3:41.12 55.07	350m: 5:15.30 39.28			
	100m: 1:18.67 42.94	200m: 2:46.05 42.53	300m: 4:36.02 54.90	400m: 5:53.13 37.83			
10.	PIRES, Joao Antonio	14	Torres Novas	<b>5:54.71</b>		292	
	50m: 36.66 36.66	150m: 2:08.17 46.50	250m: 3:42.97 50.25	350m: 5:15.74 40.82			
	100m: 1:21.67 45.01	200m: 2:52.72 44.55	300m: 4:34.92 51.95	400m: 5:54.71 38.97			
11.	CARRAPICO, Jose Silveirinha	14	Sporting Campomaiorense	<b>5:58.71</b>		282	
	50m: 36.07 36.07	150m: 2:06.13 48.38	250m: 3:42.94 49.62	350m: 5:17.27 42.87			
	100m: 1:17.75 41.68	200m: 2:53.32 47.19	300m: 4:34.40 51.46	400m: 5:58.71 41.44			
12.	SANTOS, Ricardo Matias	14	Clube Atlet Ferreira Zêzere	<b>6:03.68</b>		271	
	50m: 41.74 41.74	150m: 2:08.12 39.21	250m: 3:44.61 57.43	350m: 5:26.15 42.65			
	100m: 1:28.91 47.17	200m: 2:47.18 39.06	300m: 4:43.50 58.89	400m: 6:03.68 37.53			

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Prova 8, Masc., 400m Estilos, Infantis A

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
13.	AFONSO, Joao Antonio	14	AN Albicastrense	<b>6:22.72</b>		232	
	50m: 40.74 40.74	150m: 2:16.99 47.47	250m: 4:00.55 56.36	350m: 5:40.76 44.01			
	100m: 1:29.52 48.78	200m: 3:04.19 47.20	300m: 4:56.75 56.20	400m: 6:22.72 41.96			
DSQ	LOURENCO, Diogo Filipe	14	CCDSerta				
	<i>609 - Não terminou percurso de costas na posição dorsal - SW 6.5</i>						
DSQ	AMOREIRA, Jose Miguel	14	Clube Natacao Fundao				
	<i>403 - Falsa partida - SW 4.4</i>						
DNF	MATOS, Jaime Casmarrinha	14	Gualdim Pais				

Prova 9  
19/05/2019 - 9:35

Femin., 400m Estilos

12 - 13 anos  
Resultados

Pontos: FINA 2018

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
<b>Infantis B</b>							
1.	MACEDO, Laura Pinheiro	12	AN Albicastrense	<b>6:05.04</b>		356	
	50m: 39.72 39.72	150m: 2:17.08 48.20	250m: 3:53.69 50.43	350m: 5:25.80 41.02			
	100m: 1:28.88 49.16	200m: 3:03.26 46.18	300m: 4:44.78 51.09	400m: 6:05.04 39.24			
2.	NUNES, Marta Filipa	12	Cartaxo	<b>6:15.64</b>		327	
	50m: 39.10 39.10	150m: 2:18.17 48.98	250m: 3:57.48 53.54	350m: 5:35.24 43.25			
	100m: 1:29.19 50.09	200m: 3:03.94 45.77	300m: 4:51.99 54.51	400m: 6:15.64 40.40			
3.	MIDOES, Madalena Maria	12	Assoc.20km-Almeirim	<b>6:20.62</b>		314	
	50m: 42.40 42.40	150m: 2:19.56 47.40	250m: 4:01.65 55.69	350m: 5:40.59 42.65			
	100m: 1:32.16 49.76	200m: 3:05.96 46.40	300m: 4:57.94 56.29	400m: 6:20.62 40.03			
4.	OLIVEIRA, Diana Goncalves	12	Assoc.20km-Almeirim	<b>6:33.81</b>		284	
	50m: 46.75 46.75	150m: 2:29.67 48.21	250m: 4:11.14 55.62	350m: 5:52.98 45.33			
	100m: 1:41.46 54.71	200m: 3:15.52 45.85	300m: 5:07.65 56.51	400m: 6:33.81 40.83			
5.	BOTAS, Beatriz Alexandra	12	Assoc.20km-Almeirim	<b>6:34.53</b>		282	
	50m: 42.20 42.20	150m: 2:24.55 51.70	250m: 4:10.07 55.94	350m: 5:53.10 44.20			
	100m: 1:32.85 50.65	200m: 3:14.13 49.58	300m: 5:08.90 58.83	400m: 6:34.53 41.43			
6.	COELHO, Mariana Mauricio	12	BUZIOS - Coruche	<b>7:07.37</b>		222	
	50m: 48.41 48.41	150m: 2:40.94 52.54	250m: 4:33.87 1:04.03	350m: 6:24.81 45.35			
	100m: 1:48.40 59.99	200m: 3:29.84 48.90	300m: 5:39.46 1:05.59	400m: 7:07.37 42.56			
7.	SIMOES, Beatriz Maria	12	Torres Novas	<b>7:12.68</b>		214	
	50m: 46.61 46.61	150m: 2:40.20 55.04	250m: 4:35.92 1:00.89	350m: 6:25.46 48.39			
	100m: 1:45.16 58.55	200m: 3:35.03 54.83	300m: 5:37.07 1:01.15	400m: 7:12.68 47.22			
8.	FRAZAO, Laura Calheiros	12	Rio Maior	<b>7:17.97</b>		206	
	50m: 47.83 47.83	150m: 2:42.43 57.14	250m: 4:37.65 58.40	350m: 6:31.51 51.46			
	100m: 1:45.29 57.46	200m: 3:39.25 56.82	300m: 5:40.05 1:02.40	400m: 7:17.97 46.46			
9.	DIAS, Beatriz Roseiro	12	Nautico Abrantes	<b>7:23.53</b>		198	
	50m: 52.55 52.55	150m: 2:52.13 55.12	250m: 4:46.41 59.38	350m: 6:38.37 48.54			
	100m: 1:57.01 1:04.46	200m: 3:47.03 54.90	300m: 5:49.83 1:03.42	400m: 7:23.53 45.16			
10.	MATOS, Carolina Rodrigues	12	Elvense	<b>7:25.58</b>		196	
	50m: 51.27 51.27	150m: 2:49.24 54.43	250m: 4:43.06 1:00.32	350m: 6:35.59 51.48			
	100m: 1:54.81 1:03.54	200m: 3:42.74 53.50	300m: 5:44.11 1:01.05	400m: 7:25.58 49.99			
11.	CARDOSO, Joana Viamonte	12	Elvense	<b>7:59.46</b>		157	
	50m: 1:03.97 1:03.97	150m: 3:15.31 57.92	250m: 5:14.54 1:05.00	350m: 7:09.91 51.13			
	100m: 2:17.39 1:13.42	200m: 4:09.54 54.23	300m: 6:18.78 1:04.24	400m: 7:59.46 49.55			

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
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Prova 9, Femin., 400m Estilos

Infantis A

1.	FLORINDO, Helena Neto	13	Eléctrico	<b>5:43.05</b>	430
	50m: 38.08 38.08	150m: 2:05.15 43.43	250m: 3:39.37 51.33	350m: 5:07.30 36.59	
	100m: 1:21.72 43.64	200m: 2:48.04 42.89	300m: 4:30.71 51.34	400m: 5:43.05 35.75	
2.	FERNANDES, Ines Goncalves	13	Nautico Abrantes	<b>5:47.67</b>	413
	50m: 38.24 38.24	150m: 2:09.72 44.18	250m: 3:44.99 51.96	350m: 5:12.16 37.15	
	100m: 1:25.54 47.30	200m: 2:53.03 43.31	300m: 4:35.01 50.02	400m: 5:47.67 35.51	
3.	CALDES, Ana Sofia	13	Elvense	<b>5:50.42</b>	403
	50m: 36.87 36.87	150m: 2:05.90 45.97	250m: 3:39.79 48.28	350m: 5:10.91 41.24	
	100m: 1:19.93 43.06	200m: 2:51.51 45.61	300m: 4:29.67 49.88	400m: 5:50.42 39.51	
4.	BUCHA, Marta Filipa	13	Viver Santarém	<b>5:52.73</b>	395
	50m: 35.99 35.99	150m: 2:04.07 44.91	250m: 3:39.85 52.55	350m: 5:13.05 40.19	
	100m: 1:19.16 43.17	200m: 2:47.30 43.23	300m: 4:32.86 53.01	400m: 5:52.73 39.68	
5.	TOME, Rita Bernardo	13	Salvaterra de Magos	<b>6:01.92</b>	366
	50m: 40.99 40.99	150m: 2:15.23 43.69	250m: 3:48.35 50.99	350m: 5:21.32 41.69	
	100m: 1:31.54 50.55	200m: 2:57.36 42.13	300m: 4:39.63 51.28	400m: 6:01.92 40.60	
6.	DIAS, Salome Silva	13	CCDSerta	<b>6:03.52</b>	361
	50m: 40.71 40.71	150m: 2:17.59 45.82	250m: 3:51.53 49.25	350m: 5:24.91 42.62	
	100m: 1:31.77 51.06	200m: 3:02.28 44.69	300m: 4:42.29 50.76	400m: 6:03.52 38.61	
7.	DUARTE, Laura Leocadio	13	Gualdim Pais	<b>6:03.97</b>	360
	50m: 38.88 38.88	150m: 2:10.23 44.19	250m: 3:47.58 52.44	350m: 5:25.21 41.10	
	100m: 1:26.04 47.16	200m: 2:55.14 44.91	300m: 4:44.11 56.53	400m: 6:03.97 38.76	
8.	GOMES, Ines Margarida	13	Assoc.20km-Almeirim	<b>6:10.32</b>	341
	50m: 38.88 38.88	150m: 2:22.59 51.41	250m: 4:01.03 49.24	350m: 5:32.53 41.40	
	100m: 1:31.18 52.30	200m: 3:11.79 49.20	300m: 4:51.13 50.10	400m: 6:10.32 37.79	
9.	ALVES, Eleonor Dias	13	Nautico Abrantes	<b>6:13.58</b>	333
	50m: 39.13 39.13	150m: 2:13.63 47.54	250m: 3:53.87 52.71	350m: 5:32.24 43.82	
	100m: 1:26.09 46.96	200m: 3:01.16 47.53	300m: 4:48.42 54.55	400m: 6:13.58 41.34	
10.	VIEIRA, Raquel Martins	13	AN Albicastrense	<b>6:13.75</b>	332
	50m: 40.35 40.35	150m: 2:16.22 48.69	250m: 3:56.35 52.08	350m: 5:34.50 44.63	
	100m: 1:27.53 47.18	200m: 3:04.27 48.05	300m: 4:49.87 53.52	400m: 6:13.75 39.25	
11.	MADEIRA, Rita Timoteo	13	Viver Santarém	<b>6:14.10</b>	331
	50m: 39.91 39.91	150m: 2:10.56 43.97	250m: 3:50.25 53.98	350m: 5:31.73 45.90	
	100m: 1:26.59 46.68	200m: 2:56.27 45.71	300m: 4:45.83 55.58	400m: 6:14.10 42.37	
12.	FREITAS, Barbara Maia	13	CLAC-Entroncamento	<b>6:18.98</b>	318
	50m: 39.13 39.13	150m: 2:13.80 46.83	250m: 3:56.46 56.42	350m: 5:37.18 44.83	
	100m: 1:26.97 47.84	200m: 3:00.04 46.24	300m: 4:52.35 55.89	400m: 6:18.98 41.80	
13.	SILVA, Maria Neves	13	Gualdim Pais	<b>6:26.53</b>	300
	50m: 41.90 41.90	150m: 2:19.01 48.35	250m: 4:01.23 54.53	350m: 5:43.34 45.54	
	100m: 1:30.66 48.76	200m: 3:06.70 47.69	300m: 4:57.80 56.57	400m: 6:26.53 43.19	
14.	ANTUNES, Joana Patricia	13	CLAC-Entroncamento	<b>6:28.41</b>	296
	50m: 40.86 40.86	150m: 2:21.57 51.08	250m: 4:03.85 52.97	350m: 5:44.77 46.79	
	100m: 1:30.49 49.63	200m: 3:10.88 49.31	300m: 4:57.98 54.13	400m: 6:28.41 43.64	
15.	DIEGUES, Carolina Fonseca	13	Clube Natacao Fundao	<b>6:29.01</b>	294
	50m: 41.73 41.73	150m: 2:23.29 49.92	250m: 4:05.25 55.23	350m: 5:47.80 44.62	
	100m: 1:33.37 51.64	200m: 3:10.02 46.73	300m: 5:03.18 57.93	400m: 6:29.01 41.21	
16.	TEIXEIRA, Maria Beatriz	13	Viver Santarém	<b>6:38.81</b>	273
	50m: 45.94 45.94	150m: 2:28.70 49.61	250m: 4:14.97 56.66	350m: 5:56.17 42.73	
	100m: 1:39.09 53.15	200m: 3:18.31 49.61	300m: 5:13.44 58.47	400m: 6:38.81 42.64	
17.	LOURENCO, Mafalda Silva	13	CCDSerta	<b>6:47.51</b>	256
	50m: 43.82 43.82	150m: 2:29.66 50.28	250m: 4:17.34 58.58	350m: 6:02.74 46.64	
	100m: 1:39.38 55.56	200m: 3:18.76 49.10	300m: 5:16.10 58.76	400m: 6:47.51 44.77	
18.	MONRAIA, Matilde Nabeiro	13	CLAC-Entroncamento	<b>6:50.00</b>	251
	50m: 43.34 43.34	150m: 2:29.55 50.38	250m: 4:14.33 56.37	350m: 6:03.18 49.71	
	100m: 1:39.17 55.83	200m: 3:17.96 48.41	300m: 5:13.47 59.14	400m: 6:50.00 46.82	

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 9, Femin., 400m Estilos, Infantis A

Lugar	Nome	Idade	Clube	Tempo Final	TReac	Pts FINA	Pts
19.	MEDROA, Margarida Viegas	13	Nautico Abrantes	<b>6:52.34</b>		247	
	50m: 48.09 48.09	150m: 2:29.74 48.24	250m: 4:20.18 1:01.79	350m: 6:09.00 45.68			
	100m: 1:41.50 53.41	200m: 3:18.39 48.65	300m: 5:23.32 1:03.14	400m: 6:52.34 43.34			
20.	SILVA, Carolina Santos	13	CCDSerta	<b>7:18.61</b>		205	
	50m: 48.38 48.38	150m: 2:40.13 52.71	250m: 4:38.25 1:07.73	350m: 6:34.31 47.20			
	100m: 1:47.42 59.04	200m: 3:30.52 50.39	300m: 5:47.11 1:08.86	400m: 7:18.61 44.30			
DSQ	BERNARDO, Elsa Pinheiro	13	Clube Natacao Fundao				
	<i>403 - Falsa partida - SW 4.4</i>						
DSQ	JANUARIO, Joana Silva	13	Nautico Abrantes				
	<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						
DSQ	SOUSA, Constanca Grincho	13	Viver Santarém				
	<i>403 - Falsa partida - SW 4.4</i>						
DSQ	TRINDADE, Maria Eduarda	13	Clube Natação Portalegre				
	<i>809 - Movimento alternado de pernas durante o percurso - SW 8.3</i>						
DNF	BAPTISTA, Carolina Mata	13	Elvense				

Prova 10  
19/05/2019 - 10:35

Masc., 100m Mariposa

15 - 16 anos  
Resultados

Pontos: FINA 2018

Lugar	Idade	Tempo final	Pts	50m	100m		
<b>Juvenil B</b>							
1.	CHOCAS, Afonso Alves	15	Eléctrico	<b>1:04.97</b>	405	30.12	34.85
2.	OLIVEIRA, Pedro Nuno	15	Torres Novas	<b>1:05.14</b>	402	30.26	34.88
3.	NUNES, Miguel Filipe	15	Cartaxo	<b>1:07.61</b>	359	31.28	36.33
4.	FERREIRA, Joao Marques	15	Viver Santarém	<b>1:10.28</b>	320	32.56	37.72
5.	FERNANDES, Rodrigo Cardos	15	Cartaxo	<b>1:10.32</b>	319	32.19	38.13
6.	MATIAS, Francisco Miguel	15	CCDSerta	<b>1:12.83</b>	287	33.71	39.12
	MOURATO, Tiago Miguel	15	Torres Novas	<b>1:12.83</b>	287	33.21	39.62
8.	GASPAR, Andre Jesus	15	Gualdim Pais	<b>1:14.62</b>	267	34.87	39.75
9.	MONTEIRO, Jose Miguel	15	Gualdim Pais	<b>1:16.84</b>	244	35.94	40.90
10.	NUNES, Goncalo Farinha	15	CCDSerta	<b>1:18.75</b>	227	34.65	44.10
11.	FARINHA, Carlos Santos	15	AN Albicastrense	<b>1:20.81</b>	210	37.22	43.59
12.	SERRA, Ivo Rafael	15	CLAC-Entroncamento	<b>1:21.80</b>	203	37.51	44.29
13.	ALEXANDRE, Francisco Poloni	15	CLAC-Entroncamento	<b>1:22.20</b>	200	38.18	44.02
14.	BARATA, Pedro Afonso	15	Clube Natacao Fundao	<b>1:23.56</b>	190	38.28	45.28
15.	CARRILHO, Luis Almeida	15	Sporting Campomaiorense	<b>1:25.06</b>	180	38.06	47.00
16.	ANTUNES, Diogo Rafael	15	CLAC-Entroncamento	<b>1:31.11</b>	146	42.62	48.49
<b>Juvenil A</b>							
1.	LOPES, Luis Afonso	16	Viver Santarém	<b>1:01.38</b>	480	29.19	32.19
2.	ALVES, Rui Chagas	16	Viver Santarém	<b>1:02.49</b>	455	29.00	33.49
3.	MENDES, Guilherme Marques	16	Torres Novas	<b>1:02.91</b>	446	29.56	33.35
4.	CRISTOVAO, Goncalo Magalhaes	16	Viver Santarém	<b>1:03.88</b>	426	29.90	33.98
5.	JORGE, Tiago Miguel	16	Rio Maior	<b>1:04.21</b>	419	29.56	34.65
6.	COUTINHO, Guilherme Pereira	16	Viver Santarém	<b>1:04.39</b>	416	30.16	34.23
7.	ANDRADE, Mario Luis	16	Clube Natação Portalegre	<b>1:05.74</b>	391	30.15	35.59
8.	NUNES, Hugo Fernandes	16	Natacao Guarda	<b>1:06.18</b>	383	29.45	36.73
9.	SANTANA, Pedro Maria	16	Torres Novas	<b>1:07.33</b>	364	31.68	35.65
10.	TOME, Diogo Bernardo	16	Salvaterra de Magos	<b>1:07.67</b>	358	31.24	36.43
11.	SILVA, Duarte Filipe	16	BUZIOS - Coruche	<b>1:07.77</b>	357	31.83	35.94
12.	MARTINS, Diogo Miguel	16	Torres Novas	<b>1:09.26</b>	334	31.35	37.91
13.	MARTINO, Henrique Antonio	16	Natacao do Tejo	<b>1:12.10</b>	296	33.00	39.10
14.	COELHO, Bruno Teixeira	16	Natacao Guarda	<b>1:12.42</b>	292	33.36	39.06
15.	MENDES, Martim Rosa	16	AN Albicastrense	<b>1:14.78</b>	265	33.58	41.20

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 10, Masc., 100m Mariposa, Juvenil A

Lugar	Idade		Tempo final	Pts	50m	100m	
16.	VICTAL, Tomas Antonio	16	Assoc.20km-Almeirim	<b>1:17.03</b>	243	35.93	41.10
17.	ALMEIDA, Fabio Gomes	16	Natacao Guarda	<b>1:17.40</b>	239	34.46	42.94
18.	PAULETA, Miguel Angelo	16	Clube Nataçãõ Portalegre	<b>1:25.04</b>	180	37.63	47.41
19.	AGOSTINHO, Iuri Aragonez	16	Clube Nataçãõ Portalegre	<b>1:26.23</b>	173	37.72	48.51

Prova 11

Femin., 200m Estilos

14 - 15 anos

19/05/2019 - 10:40

Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	150m	200m	
<b>Juvenil B</b>									
1.	REIS, Beatriz Grave	14	Rio Maior	<b>2:29.55</b>	541	32.16	39.90	43.51	33.98
2.	LOURO, Ariana Espirito	14	Gualdim Pais	<b>2:30.13</b>	534	33.41	38.68	43.00	35.04
3.	CANINHAS, Maria Pinto	14	Clube Natacao Fundao	<b>2:35.64</b>	479	33.77	38.77	47.30	35.80
4.	CARLOTA, Catarina Isabe	14	BUZIOS - Coruche	<b>2:35.80</b>	478	33.91	40.87	46.85	34.17
5.	NICOLAU, M.	14	Torres Novas	<b>2:35.93</b>	477	31.93	40.61	47.05	36.34
6.	NOBRE, Beatriz Gaspar	14	Gualdim Pais	<b>2:36.70</b>	470	34.48	38.63	48.01	35.58
7.	BENTO, Maria Madalena	14	BUZIOS - Coruche	<b>2:37.26</b>	465	31.79	40.15	50.95	34.37
8.	PIRES, Laura Joao	14	Clube Natacao Fundao	<b>2:38.16</b>	457	36.52	42.09	44.57	34.98
9.	NEVES, Daniela Lourenc	14	CCDSerta	<b>2:43.87</b>	411	34.03	43.63	49.58	36.63
10.	CAETANO, Ines Martins	14	CCDSerta	<b>2:47.16</b>	387	37.49	41.82	49.96	37.89
11.	BRANCO, Matilde Paulos	14	BUZIOS - Coruche	<b>2:48.57</b>	377	36.60	40.86	52.10	39.01
12.	SILVA, Ana Margarida	14	Clube Natacao Fundao	<b>2:52.44</b>	352	35.43	42.60	55.30	39.11
13.	COTOVIO, Ines Filipa	14	Salvaterra de Magos	<b>2:55.70</b>	333	38.22	43.64	54.76	39.08
14.	GUIA, Carolina Manuela	14	Viver Santarém	<b>2:56.00</b>	331	36.16	45.40	55.55	38.89
15.	PATRACOLO, M.	14	Elvense	<b>3:01.94</b>	300	40.98	44.53	55.26	41.17
16.	MERUJE, Ana Agra	14	Elvense	<b>3:09.49</b>	265	42.58	49.35	55.54	42.02
17.	ANTUNES, Joana Silva	14	CLAC-Entroncamento	<b>3:20.09</b>	225	43.85	50.35	1:02.13	43.76
18.	CALDEIRINHA, B.	14	Elvense	<b>3:22.48</b>	217	46.04	54.36	55.67	46.41
19.	GALVAO, Matilde Fernand	14	AN Albicastrense	<b>3:25.28</b>	209	43.10	52.49	1:01.43	48.26

Juvenil A

1.	VENTURA, Sara Sofia	15	Elvense	<b>2:38.02</b>	458	36.25	38.56	47.11	36.10
2.	FRANCO, Barbara Garrid	15	Elvense	<b>2:38.90</b>	451	33.89	41.10	46.17	37.74
3.	SILVA, Ines Louro	15	AN Albicastrense	<b>2:43.58</b>	413	34.93	42.36	46.21	40.08
4.	BENTO, Beatriz Staiger	15	Viver Santarém	<b>2:44.68</b>	405	34.80	41.95	49.83	38.10
5.	LOURO, Raquel Canelas	15	Viver Santarém	<b>2:45.72</b>	397	37.50	40.86	50.50	36.86
6.	SOUSA, Joana Margarida	15	Assoc.20km-Almeirim	<b>2:48.43</b>	378	35.46	42.25	52.59	38.13
7.	GONCALVES, Ana Rita	15	AN Albicastrense	<b>2:50.44</b>	365	37.84	43.62	50.66	38.32
8.	RODRIGUES, Diana Neve	15	Clube Natacao Fundao	<b>3:01.42</b>	303	39.83	45.31	53.54	42.74
9.	SABANOVIC, Erna	15	CLAC-Entroncamento	<b>3:01.73</b>	301	35.76	48.22	53.67	44.08

DSQ VICENTE, Joana Fernand15 Torres Novas  
818 - Perdeu posição dorsal antes da viragem aos 100 metros

Prova 12

Masc., 100m Bruços

15 - 16 anos

19/05/2019 - 11:15

Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	
<b>Juvenil B</b>							
1.	CHOCAS, Afonso Alves	15	Eléctrico	<b>1:12.46</b>	452	34.43	38.03
2.	MATIAS, Francisco Miguel	15	CCDSerta	<b>1:13.25</b>	437	34.94	38.31
3.	OLIVEIRA, Pedro Nuno	15	Torres Novas	<b>1:14.93</b>	408	35.51	39.42
4.	GASPAR, Andre Jesus	15	Gualdim Pais	<b>1:19.08</b>	347	37.96	41.12
5.	MOURATO, Tiago Miguel	15	Torres Novas	<b>1:19.84</b>	337	38.04	41.80
6.	NUNES, Miguel Filipe	15	Cartaxo	<b>1:22.79</b>	303	39.63	43.16

Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 12, Masc., 100m Bruços, Juvenil B

Lugar	Idade		Tempo final	Pts	50m	100m	
7.	FERREIRA, Joao Marques	15	Viver Santarém	<b>1:24.26</b>	287	40.70	43.56
8.	MONTEIRO, Jose Miguel	15	Gualdim Pais	<b>1:29.26</b>	241	42.88	46.38
9.	SERRA, Ivo Rafael	15	CLAC-Entroncamento	<b>1:30.51</b>	231	42.72	47.79
10.	ANTUNES, Diogo Rafael	15	CLAC-Entroncamento	<b>1:31.91</b>	221	44.95	46.96
11.	NUNES, Goncalo Farinha	15	CCDSerta	<b>1:32.79</b>	215	43.24	49.55
12.	ALEXANDRE, Francisco Poloni	15	CLAC-Entroncamento	<b>1:37.24</b>	187	46.55	50.69
13.	FARINHA, Carlos Santos	15	AN Albicastrense	<b>1:38.77</b>	178	47.54	51.23
14.	CARRILHO, Luis Almeida	15	Sporting Campomaiorense	<b>1:39.92</b>	172	46.76	53.16
15.	BARATA, Pedro Afonso	15	Clube Natacao Fundao	<b>1:40.91</b>	167	48.40	52.51

Juvenil A

1.	LOPES, Luis Afonso	16	Viver Santarém	<b>1:09.46</b>	513	33.21	36.25
2.	SANTANA, Pedro Maria	16	Torres Novas	<b>1:12.06</b>	459	34.23	37.83
3.	ALVES, Rui Chagas	16	Viver Santarém	<b>1:15.14</b>	405	35.74	39.40
4.	TOME, Diogo Bernardo	16	Salvaterra de Magos	<b>1:16.32</b>	386	35.85	40.47
5.	NUNES, Hugo Fernandes	16	Natacao Guarda	<b>1:16.62</b>	382	35.86	40.76
6.	CRISTOVAO, Goncalo Magalhães	16	Viver Santarém	<b>1:17.14</b>	374	36.76	40.38
7.	JORGE, Tiago Miguel	16	Rio Maior	<b>1:17.56</b>	368	36.73	40.83
8.	COUTINHO, Guilherme Pereira	16	Viver Santarém	<b>1:20.17</b>	333	37.12	43.05
9.	MENDES, Guilherme Marques	16	Torres Novas	<b>1:20.45</b>	330	39.11	41.34
10.	MATRENO, Diogo Miguel	16	Torres Novas	<b>1:22.18</b>	309	39.15	43.03
11.	MARTINS, Henrique Antonio	16	Natacao do Tejo	<b>1:22.51</b>	306	39.14	43.37
12.	ALMEIDA, Fabio Gomes	16	Natacao Guarda	<b>1:22.79</b>	303	39.51	43.28
13.	MENDES, Martim Rosa	16	AN Albicastrense	<b>1:23.66</b>	293	39.25	44.41
14.	COELHO, Bruno Teixeira	16	Natacao Guarda	<b>1:24.13</b>	288	40.49	43.64
15.	AGOSTINHO, Iuri Aragonez	16	Clube NataçãO Portalegre	<b>1:24.73</b>	282	39.55	45.18
16.	SILVA, Duarte Filipe	16	BUZIOS - Coruche	<b>1:27.31</b>	258	41.90	45.41
17.	ANDRADE, Mario Luis	16	Clube NataçãO Portalegre	<b>1:27.62</b>	255	42.51	45.11
18.	VICTAL, Tomas Antonio	16	Assoc.20km-Almeirim	<b>1:30.73</b>	230	43.49	47.24
19.	PAULETA, Miguel Angelo	16	Clube NataçãO Portalegre	<b>1:34.31</b>	205	44.69	49.62

Prova 13

Femin., 100m Costas

14 - 15 anos

19/05/2019 - 11:25

Resultados

Pontos: FINA 2018

Lugar	Idade		Tempo final	Pts	50m	100m	
Juvenil B							
1.	NOBRE, Beatriz Gaspar	14	Gualdim Pais	<b>1:08.70</b>	513	33.13	35.57
2.	CAETANO, Ines Martins	14	CCDSerta	<b>1:11.06</b>	464	34.42	36.64
3.	REIS, Beatriz Grave	14	Rio Maior	<b>1:11.35</b>	458	35.22	36.13
4.	NICOLAU, Margarida Claudino	14	Torres Novas	<b>1:12.06</b>	445	34.93	37.13
5.	CANINHAS, Maria Pinto	14	Clube Natacao Fundao	<b>1:12.53</b>	436	35.72	36.81
	LOURO, Ariana Espirito	14	Gualdim Pais	<b>1:12.53</b>	436	35.75	36.78
7.	BENTO, Maria Madalena	14	BUZIOS - Coruche	<b>1:12.65</b>	434	35.11	37.54
8.	PIRES, Laura Joao	14	Clube Natacao Fundao	<b>1:14.79</b>	398	36.19	38.60
9.	CARLOTA, Catarina Isabel	14	BUZIOS - Coruche	<b>1:14.89</b>	396	36.88	38.01
10.	NEVES, Daniela Lourenco	14	CCDSerta	<b>1:17.10</b>	363	36.98	40.12
11.	BRANCO, Matilde Paulos	14	BUZIOS - Coruche	<b>1:17.14</b>	363	37.30	39.84
12.	COTOVIO, Ines Filipa	14	Salvaterra de Magos	<b>1:19.77</b>	328	39.49	40.28
13.	PATRACOLO, Mariana Passarica	14	Elvense	<b>1:20.07</b>	324	38.52	41.55
14.	SILVA, Ana Margarida	14	Clube Natacao Fundao	<b>1:21.01</b>	313	39.00	42.01
15.	GUIA, Carolina Manuela	14	Viver Santarém	<b>1:22.85</b>	293	40.96	41.89
16.	MERUJE, Ana Agra	14	Elvense	<b>1:28.02</b>	244	42.42	45.60
17.	ANTUNES, Joana Silva	14	CLAC-Entroncamento	<b>1:30.41</b>	225	43.70	46.71
18.	CALDEIRINHA, Beatriz Canhot	14	Elvense	<b>1:33.05</b>	206	44.55	48.50
19.	GALVAO, Matilde Fernandes	14	AN Albicastrense	<b>1:35.23</b>	192	44.74	50.49



Torneio Regional do Nadador Completo de Juvenis / Torneio de Fundo Infantis  
Ponte de Sor, 18 - 19/5/2019

Prova 13, Femin., 100m Costas

Juvenil A

1.	VENTURA, Sara Sofia	15	Elvense	<b>1:12.12</b>	444	35.61	36.51
2.	LOURO, Raquel Canelas	15	Viver Santarém	<b>1:12.35</b>	440	34.77	37.58
3.	FRANCO, Barbara Garrido	15	Elvense	<b>1:15.18</b>	392	36.35	38.83
4.	BENTO, Beatriz Staiger	15	Viver Santarém	<b>1:16.46</b>	372	37.90	38.56
5.	SILVA, Ines Louro	15	AN Albicastrense	<b>1:16.89</b>	366	37.48	39.41
6.	VICENTE, Joana Fernandes	15	Torres Novas	<b>1:17.56</b>	357	37.09	40.47
7.	SOUSA, Joana Margarida	15	Assoc.20km-Almeirim	<b>1:18.95</b>	338	37.83	41.12
8.	SABANOVIC, Erna	15	CLAC-Entroncamento	<b>1:20.71</b>	316	39.23	41.48
9.	GONCALVES, Ana Rita	15	AN Albicastrense	<b>1:22.15</b>	300	39.56	42.59
10.	RODRIGUES, Diana Neves	15	Clube Natacao Fundao	<b>1:23.80</b>	283	40.46	43.34

Prova 14

Masc., 100m Livres

15 - 16 anos

19/05/2019 - 11:35

Resultados

Pontos: FINA 2018

Lugar		Idade		Tempo final	Pts	50m	100m
<b>Juvenil B</b>							
1.	CHOCAS, Afonso Alves	15	Eléctrico	<b>57.36</b>	480	27.98	29.38
2.	OLIVEIRA, Pedro Nuno	15	Torres Novas	<b>57.73</b>	471	28.14	29.59
3.	FERNANDES, Rodrigo Cardos	15	Cartaxo	<b>58.94</b>	443	28.64	30.30
4.	NUNES, Miguel Filipe	15	Cartaxo	<b>1:00.96</b>	400	29.59	31.37
5.	MOURATO, Tiago Miguel	15	Torres Novas	<b>1:01.14</b>	397	29.26	31.88
6.	GASPAR, Andre Jesus	15	Gualdim Pais	<b>1:02.35</b>	374	30.47	31.88
7.	FERREIRA, Joao Marques	15	Viver Santarém	<b>1:02.70</b>	368	31.14	31.56
8.	MATIAS, Francisco Miguel	15	CCDSerta	<b>1:03.78</b>	349	30.48	33.30
9.	SERRA, Ivo Rafael	15	CLAC-Entroncamento	<b>1:04.42</b>	339	31.35	33.07
10.	MONTEIRO, Jose Miguel	15	Gualdim Pais	<b>1:05.63</b>	321	31.37	34.26
11.	BARATA, Pedro Afonso	15	Clube Natacao Fundao	<b>1:05.64</b>	320	31.61	34.03
12.	NUNES, Goncalo Farinha	15	CCDSerta	<b>1:07.95</b>	289	32.28	35.67
13.	FARINHA, Carlos Santos	15	AN Albicastrense	<b>1:11.01</b>	253	33.80	37.21
14.	ALEXANDRE, Francisco Poloni	15	CLAC-Entroncamento	<b>1:11.13</b>	252	34.01	37.12
15.	CARRILHO, Luis Almeida	15	Sporting Campomaiorense	<b>1:15.38</b>	211	36.12	39.26
16.	ANTUNES, Diogo Rafael	15	CLAC-Entroncamento	<b>1:20.77</b>	172	39.63	41.14

Juvenil A

1.	LOPES, Luis Afonso	16	Viver Santarém	<b>54.25</b>	568	26.46	27.79
2.	CRISTOVAO, Goncalo Magalhães	16	Viver Santarém	<b>54.74</b>	553	26.89	27.85
3.	COUTINHO, Guilherme Pereira	16	Viver Santarém	<b>57.09</b>	487	27.91	29.18
4.	ALVES, Rui Chagas	16	Viver Santarém	<b>57.10</b>	487	27.81	29.29
5.	ANDRADE, Mario Luis	16	Clube Natação Portalegre	<b>57.70</b>	472	28.34	29.36
6.	MATRENO, Diogo Miguel	16	Torres Novas	<b>57.89</b>	467	28.15	29.74
7.	SILVA, Duarte Filipe	16	BUZIOS - Coruche	<b>57.95</b>	466	28.35	29.60
8.	MENDES, Guilherme Marques	16	Torres Novas	<b>58.36</b>	456	28.64	29.72
9.	NUNES, Hugo Fernandes	16	Natacao Guarda	<b>58.83</b>	445	28.44	30.39
10.	TOME, Diogo Bernardo	16	Salvaterra de Magos	<b>58.84</b>	445	28.65	30.19
11.	JORGE, Tiago Miguel	16	Rio Maior	<b>59.06</b>	440	28.46	30.60
12.	SANTANA, Pedro Maria	16	Torres Novas	<b>59.90</b>	422	29.24	30.66
13.	MARTINS, Henrique Antonio	16	Natacao do Tejo	<b>1:02.27</b>	375	30.19	32.08
14.	COELHO, Bruno Teixeira	16	Natacao Guarda	<b>1:02.33</b>	374	29.96	32.37
15.	VICTAL, Tomas Antonio	16	Assoc.20km-Almeirim	<b>1:02.74</b>	367	30.04	32.70
16.	AGOSTINHO, Iuri Aragonez	16	Clube Natação Portalegre	<b>1:05.37</b>	324	31.17	34.20
17.	MENDES, Martim Rosa	16	AN Albicastrense	<b>1:05.66</b>	320	31.51	34.15
18.	ALMEIDA, Fabio Gomes	16	Natacao Guarda	<b>1:06.55</b>	307	31.40	35.15
19.	PAULETA, Miguel Angelo	16	Clube Natação Portalegre	<b>1:09.23</b>	273	33.10	36.13